

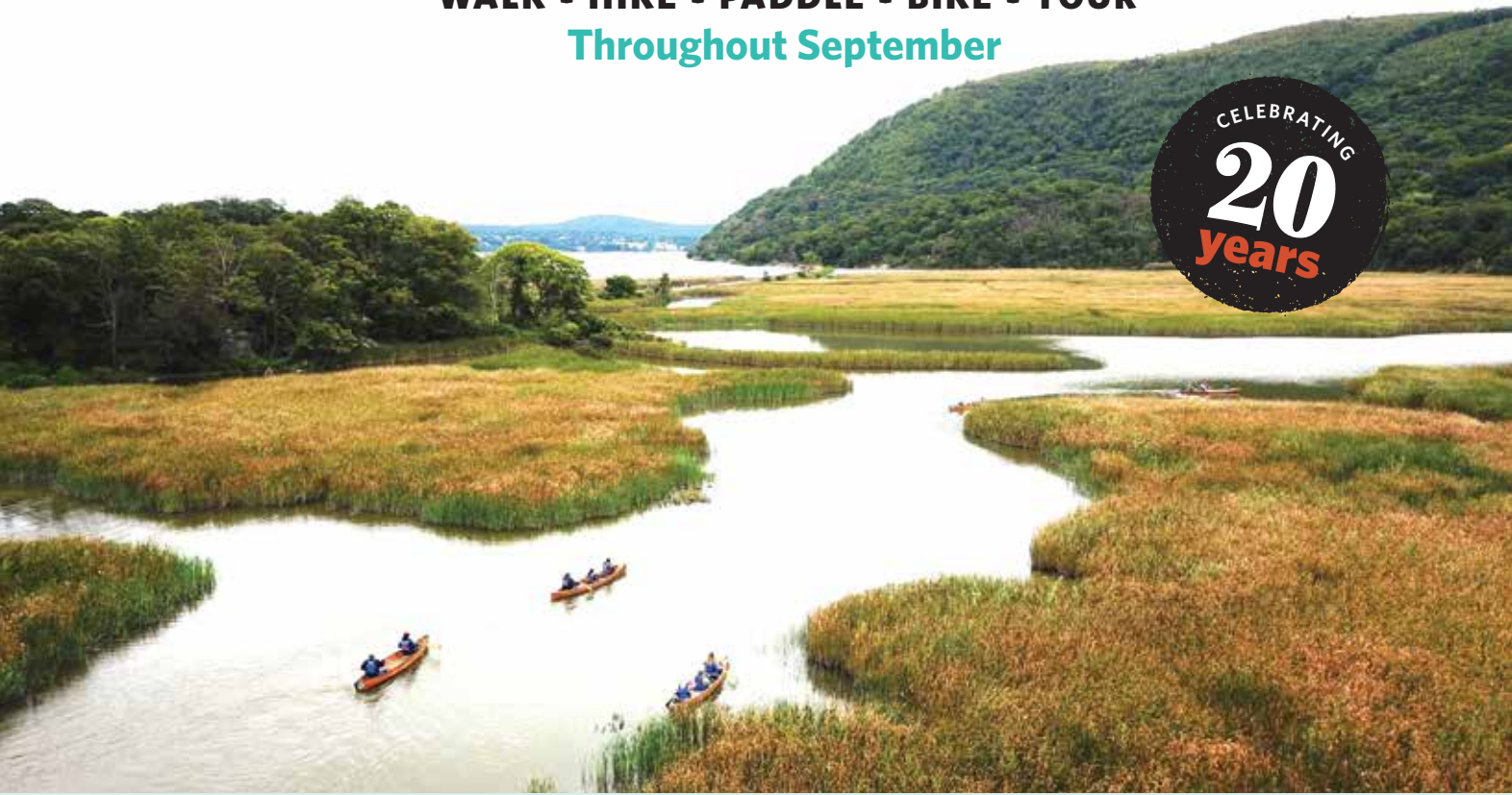


Hudson River  
Valley

# Ramble

WALK • HIKE • PADDLE • BIKE • TOUR

Throughout September



**HudsonRiverValleyRamble.com** **#HudsonRamble**

A Celebration of the Hudson River Valley National Heritage Area, the New York State Department of Environmental Conservation's Hudson River Estuary Program, and New York State Parks and Historic Sites



Hudson River  
Valley Greenway

Parks, Recreation,  
and Historic Preservation

Department of  
Environmental  
Conservation

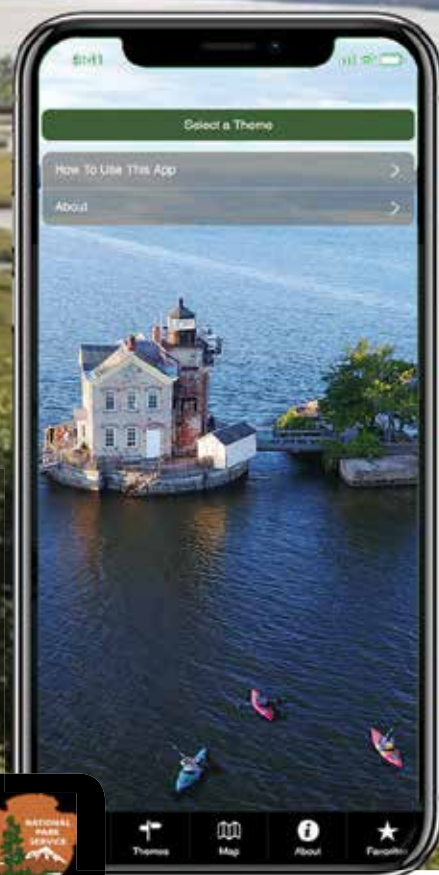
Hudson River  
Estuary Program





# DOWNLOAD & DISCOVER

The free  
**Hudson River  
Train Tour** app



**HudsonRiverValley.com/app**



Produced by the Hudson River Valley National Heritage Area in partnership with the National Park Service, with funding from I Love NY.  
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# Hudson River Valley **Ramble**

PRESENTED BY



Hudson River  
Valley Greenway



In Partnership with



Parks, Recreation,  
and Historic Preservation

Department of  
Environmental  
Conservation

Hudson River  
Estuary Program



And 150 Sponsoring Sites and Organizations

Media Sponsor

**WALKWAY**  
OVER  
THE HUDSON

Barnabas McHenry, Co-Chair, Hudson River Valley National Heritage Area;  
Chairman, Hudson River Valley Greenway Communities Council

Kevin Burke, Co-Chair, Hudson River Valley National Heritage Area;  
Chairman, Greenway Conservancy for the Hudson River Valley, Inc.

Scott Keller, Executive Director, Hudson River Valley National Heritage Area, Hudson River Valley Greenway

Basil Seggos, Commissioner, New York State Department of Environmental Conservation  
with Fran Dunwell, Special Assistant and Hudson River Estuary Coordinator, NYSDEC

Erik Kulleseid, Commissioner, New York State Office of Parks, Recreation, and Historic Preservation

Howard Zemsky, President, CEO & Commissioner, Empire State Development

## FOR MORE INFORMATION:

**Hudson River Valley Ramble** (518) 473-3835 [hudsonrivervalleyramble.com](http://hudsonrivervalleyramble.com)

**Maurice D. Hinchey Hudson River Valley National Heritage Area;**  
**Hudson River Valley Greenway** (518) 473-3835

[HudsonRiverValley.com](http://HudsonRiverValley.com); [HudsonGreenway.NY.gov](http://HudsonGreenway.NY.gov); [HudsonRiverGreenwayWaterTrail.org](http://HudsonRiverGreenwayWaterTrail.org)

**NYSDEC Estuary Program** (845) 256-3016 [dec.ny.gov/lands/4920.html](http://dec.ny.gov/lands/4920.html)

**NYS Office of Parks, Recreation, and Historic Preservation** [nysparks.com](http://nysparks.com)

**New York State Division of Tourism** (800) CALL-NYS [iloveny.com](http://iloveny.com)

**Hudson Valley Tourism** (800) 232-4782 [travelhudsonvalley.org](http://travelhudsonvalley.org)

**Saratoga County Tourism** (855) 424-6073 [discoversaratoga.org](http://discoversaratoga.org)

**Washington County Tourism** (888) 203-8622 [washingtontnynycounty.com](http://washingtontnynycounty.com)

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On the cover, from top, left to right:

Iona Island Canoe Trip, Walking Tour of the Vassar Farm and Ecological Preserve,  
Innisfree Garden Wildflower Walk, Dibble's Quarry, Elka Park

All photos by Suzy Allman except where noted.

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## Discover an American Legacy



New Windsor Cantonment, Orange County



**GOVERNOR**  
Andrew M. Cuomo

“The Hudson River is one of New York State’s most treasured natural resources, and

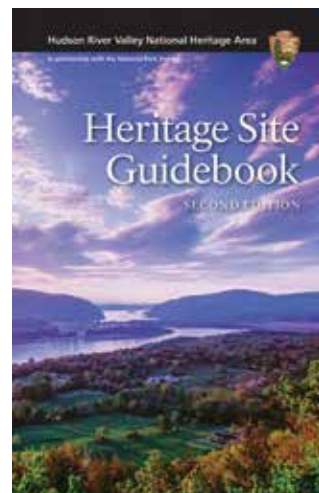
the valley that surrounds it is home to some of the most significant historic and cultural sites in the country. The Hudson River Valley Ramble attracts thousands of residents and visitors alike to connect heritage and recreation, helping to drive our tourism economy and promote a deeper appreciation for New York’s environment. The many organizations that contribute to the Ramble’s success provide amazing experiences year after year that will be remembered for a lifetime.”

Traveling down the Hudson River, named by Native Americans as Mahicanituck, “the river that flows both ways,” you discover people, places, and events that made American history. The cultural, historic, and scenic resources of the Hudson Valley are so numerous, so varied, and so compelling that it’s no wonder Congress recognized the Hudson River Valley as a National Heritage Area in 1996. The National Park Service called the region the “landscape that defined America.” Its political importance was demonstrated early in our history when the river played a critical role in the Revolutionary War. 🇺🇸

The many streams and waterfalls of the tributaries of the Hudson River powered early sawmills and gristmills. The river and its landscapes inspired the Hudson River School painters. Sublime and picturesque paintings by Thomas Cole, Frederic Church, and Asher Durand depicted this unique American landscape for the world to witness. 🖌️ Industrialists and commercial leaders such as William and John D. Rockefeller, Frederick Vanderbilt, J.P. Morgan, and Ogden Mills built their great estates along the Hudson River. 🏠

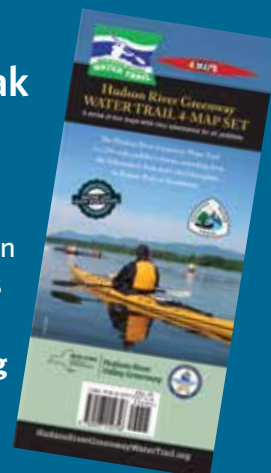
Extending from Waterford, just north of Albany, to the northern border of New York City, the Hudson River Valley National Heritage Area encompasses more than four million acres. The region is home to seven National Historic Sites, 68 National Historic Landmarks, 133 historic districts, and more than 1,000 sites listed on the National Register of Historic Places. The Hudson River Valley National Heritage Area is managed by the Hudson River Valley Greenway with technical and financial support from the National Park Service.

Visit [hudsonrivervalley.com](http://hudsonrivervalley.com) to plan your trip, order our **Heritage Site Guidebook**, or download our **Train Tour App**: [hudsonrivervalley.com/app](http://hudsonrivervalley.com/app)



### Explore the Hudson River by Kayak

The Hudson River Greenway Water Trail Map and Guides provide detailed information on the more than 100 water trail access points from the Adirondack Park to New York City. The companion mobile website features a trip planner and allows users to find river access points and outfitters on the go. **HudsonRiverGreenwayWaterTrail.org**



## The 20th Annual Hudson River Valley Ramble

For 20 years, the Hudson River Valley Ramble has celebrated the history, culture, and natural resources of the Hudson River Valley National Heritage Area, as well as the amazing landscapes, communities, and trails across the region. Throughout the month of September, the Ramble features guided outdoor adventures from Saratoga to New York City. As we celebrate this 20th-anniversary milestone, our partners have provided a wonderful roster of events. Whether you are interested in a fun or challenging hike, bike ride, or paddle; an inspiring walk through the grounds and homes of some of the Valley’s most notable artists, authors, and great Americans; a trip back in time to experience the significant role the region played in the Revolutionary War; a family-fun festival; or river exploration event, there is a huge variety of events to enjoy!

On the web: [hudsonrivervalleyramble.com](http://hudsonrivervalleyramble.com)



Little Stony Point, from the first Hudson River Valley Ramble in 2000



Time spent together is  
*time well spent*

**Sundays, Sep 1-29** Harvest Festival - **Free**

**Oct 5** Wine Festival

**Oct 12** Craft: Beer, Spirits & Food Festival

To learn more and purchase tickets visit [BethelWoodsCenter.org](http://BethelWoodsCenter.org).

Bethel Woods  
CENTER FOR THE ARTS  
HISTORIC SITE OF THE WOODSTOCK FESTIVAL  
1969-2019

Bethel Woods Center for the Arts is a 501(c)3 nonprofit cultural organization that inspires, educates, and empowers individuals through the arts and humanities.

Follow Us





# The Hudson River Estuary



Norrie Point. Photo by Chris Bowser.

For nearly half its 315-mile length, the Hudson River is an estuary, an arm of the sea where fresh water from the river's Adirondack headwaters and numerous tributaries meets and mixes with salty ocean water. From the dam at Troy, the Hudson River estuary ebbs and flows for 153 miles to New York Harbor, creating a rich ecosystem pulsing with life. Its waters and tidal marshes provide habitat for more than 200 species of fish, and nursery areas for key commercial and recreational species including striped bass, American shad, bluefish, and blue crab. Bald eagles, osprey, herons, and waterfowl feed on the Hudson's bounty while nesting and migrating. Protected by surrounding forest lands, the streams of the estuary's watershed supply drinking water to millions. The Ramble features estuary-themed events sponsored by the NYS Department of Environmental Conservation's Hudson River Estuary Program and partners, which are denoted by the Atlantic sturgeon symbol.




**STATE DEPARTMENT OF ENVIRONMENTAL CONSERVATION (DEC) COMMISSIONER**  
Basil Seggos

“DEC is proud to partner again this year for the 20th anniversary celebration

of the Hudson River Valley Ramble. Each year this event provides great opportunities for New Yorkers and visitors to get outside and experience some of the state's most spectacular natural resources, recreational opportunities, and wildlife habitats. The Ramble is an annual event that builds on Governor Cuomo's initiatives to introduce visitors to the wonders of the Hudson Valley region and bring back return visitors who will continue to strengthen the region's economy for years to come.”

The Estuary Program leads a regional effort to ensure clean water, protect and restore fish, wildlife, and their habitats; provide education and river access; adapt to climate change; and conserve world-famous scenic views. The program is guided by the Estuary Action Agenda, a forward-looking plan developed with input from communities up and down the river. The Action Agenda's success comes from partnerships with several agencies, local governments, and regional organizations. For information on the Hudson River estuary, the Estuary Program, and how to partner in this conservation effort, visit: [dec.ny.gov/lands/4920.html](http://dec.ny.gov/lands/4920.html).

## HUDSON RIVER ESTUARY-THEMED SERIES

In celebration of National Estuaries Week, the Hudson River Valley Ramble highlights the wetlands, wildlife, and water resources that make the Hudson a world-famous estuary. The New York State Department of Environmental Conservation's Hudson River Estuary Program and partners present a series of land and water explorations that will open your eyes to the wonders of “the river that flows both ways.” Estuary events are marked with the sturgeon icon:  Look for the many ways you can explore the Hudson River estuary during the Ramble. Experience the Hudson River estuary up close through boating and paddling events, learning about life along the shore and in the marshes, and exploring the far reaches of the Hudson River estuary watershed.

## NATIONAL ESTUARIES WEEK SEPTEMBER 14-21, 2019

Each year in late September, people across the country celebrate these magical places where fresh water from rivers mixes with salt water from the ocean. Estuaries connect rivers and oceans and are used as spawning grounds and nurseries by at least two-thirds of the nation's commercial fish and shellfish. Tidal wetlands associated with estuaries protect uplands from coastal flooding and provide habitats for migratory birds. Estuaries also offer recreational opportunities such as swimming, boating, and bird watching. To learn more, go to [estuaries.org](http://estuaries.org).

## SCIENCE ON THE RIVER SATURDAY, SEPTEMBER 14, 2019

Our bi-annual open house “Science on the River” will be held on Saturday, September 14 from 1-4pm, at the Norrie Point Environmental Center in Staatsburg, Dutchess County. This free, family-friendly event will include fishing clinics, canoe programs, children's activities, and demonstrations on Hudson River ecology by scientists and researchers. For more info, contact Maija Liisa Niemisto (845) 889 4745 x 107 [maija.niemisto@dec.ny.gov](mailto:maija.niemisto@dec.ny.gov).

## A DAY IN THE LIFE OF THE HUDSON RIVER ESTUARY, OCTOBER 22, 2019

A Day in the Life of the Hudson River Estuary brings schools to the river to celebrate the Hudson and educate participants about our unique estuary. Part of National Estuaries Day, the event is coordinated by the Hudson River Estuary Program in partnership with Columbia University's Lamont-Doherty Earth Observatory. Each fall, environmental educators team with school classes to collect data that will create an ecological snapshot of the estuary from the Federal Dam in Troy to New York Harbor. This year's event will take place at approximately 80+ sites throughout the estuary. For more information, visit [dec.ny.gov/lands/47285.html](http://dec.ny.gov/lands/47285.html).



## Adventure peaks in Westchester

With picturesque and unspoiled vistas, scenic trails, delightful shops and farm-to-table dining, Westchester County beckons with the best of the Hudson Valley in autumn. Easily accessible by car, rail or bus, let the beauty of Westchester transport you to a picture-perfect getaway this fall.

meet me in  
**Westchester**  
County NY

Meet and explore Westchester County at [VisitWestchesterNY.com](http://VisitWestchesterNY.com)



© NYSDER

I ♥ NY  
[iloveny.com](http://iloveny.com)

# Dia:Beacon

## Hudson Valley Free Day

### Last Sunday of the month, for Hudson Valley residents

Dia:Beacon  
3 Beekman Street Beacon New York  
[www.diaart.org](http://www.diaart.org)





FIND WHAT YOU  
**LOVE**  
IN NEW YORK STATE

From the scenic coastlines of Long Island to the historic vistas of the Hudson Valley to the spectacular sprays of Niagara Falls. Whether you're into adventuring for adrenaline, tracing the trails of history, or basking in the sun along the sea or lake, we've got the perfect getaway for you.

Discover more at [ILOVENY.com](http://ILOVENY.com).

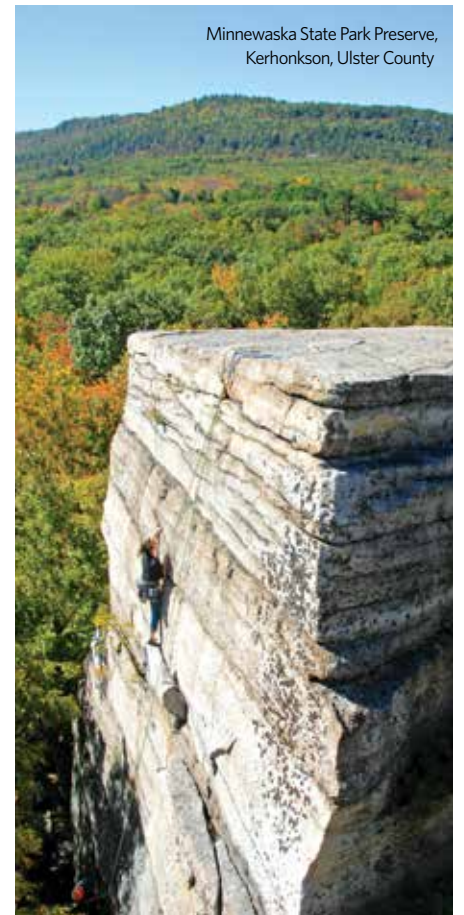
**I ♥ NY**

OLD RHINEBECK AERODROME | RED HOOK

## Explore State Parks and Historic Sites

**T**he state park system is one of New York's greatest treasures, encompassing more than 250 diverse state parks, historic sites, recreational trails, golf courses, and boat launches, with 350,000 acres of protected land and water. Governor Andrew M. Cuomo has recognized the importance of our park system with his NY Parks 2020 plan to invest \$900 million in public and private funds in the state park system by 2020. This fall we are proud to once again participate in the 2019 Hudson River Valley Ramble, showcasing some of our flagship properties and hidden gems. Our Ramble lineup features a wide variety of engaging events and programs, from historic house tours to battle reenactments, guided hikes, walks, nature education, and adventures. New York's state parks and sites are always chock-full of opportunities to explore and make one's visit memorable. For information on New York State parks and historic sites, visit us at [parks.ny.gov](http://parks.ny.gov) and follow us on Facebook at [facebook.com/nystateparks](https://facebook.com/nystateparks).

Minnewaska State Park Preserve,  
Kerhonkson, Ulster County



Tower of Victory-Washington Headquarters State Historic Site, Orange County



Ulster Welcome Center at Walkway Over the Hudson, Ulster County

**NYS OFFICE OF  
PARKS, RECREATION,  
AND HISTORIC  
PRESERVATION  
COMMISSIONER**  
Erik Kulleseid



**“** The Hudson River Valley offers amazing opportunities to discover our state's beautiful natural, historic and cultural resources. As we celebrate the heritage and recreation of this region, I encourage all visitors to engage in a variety of events—from a challenging hike or paddle to a historic tour of a home or site—and continue to explore the area throughout the year.”





HUDSON RIVER VALLEY RAMBLE

# MAP

Note: We make every effort to ensure accuracy of event listings. However, due to weather and other factors, information may change between the time of publication and the time of each event. We encourage all participants to verify dates and times with the listed Ramble leader for each event.

**FOR DETAILED MAPS AND DIRECTIONS**  
[hudsonrivervalleyramble.com](http://hudsonrivervalleyramble.com)

## TRAIL TIPS

1. Look for "Ramble" signs directing you to each trailhead.
2. Wear sturdy shoes: for hikes, an over-the-ankle boot.  
No flimsy flats, flip-flops, sandals, or bare feet.
3. Long pants are recommended for walks/hikes in rural terrain.
4. Carry a water bottle.
5. Bring snacks/lunch for hikes lasting several hours.
6. Bring a rain jacket.
7. Stay on the trail.
8. Never get out of sight of the guide.
9. If you have to leave a walk before it's completed, notify the leader.
10. Don't remove any foliage, flowers, rocks, or other items.
11. Carry it in. Carry it out. Leave nothing behind but your footprints.

Many Ramble events are accessible by train!

## METRO-NORTH RAILROAD

Metro-North has more than 120 stations throughout the region with service to/from Grand Central Terminal in Midtown Manhattan and the Hudson Valley.

Get travel information at [mta.info/mnr](http://mta.info/mnr) or call 511; outside New York State call (877) 690-5114.

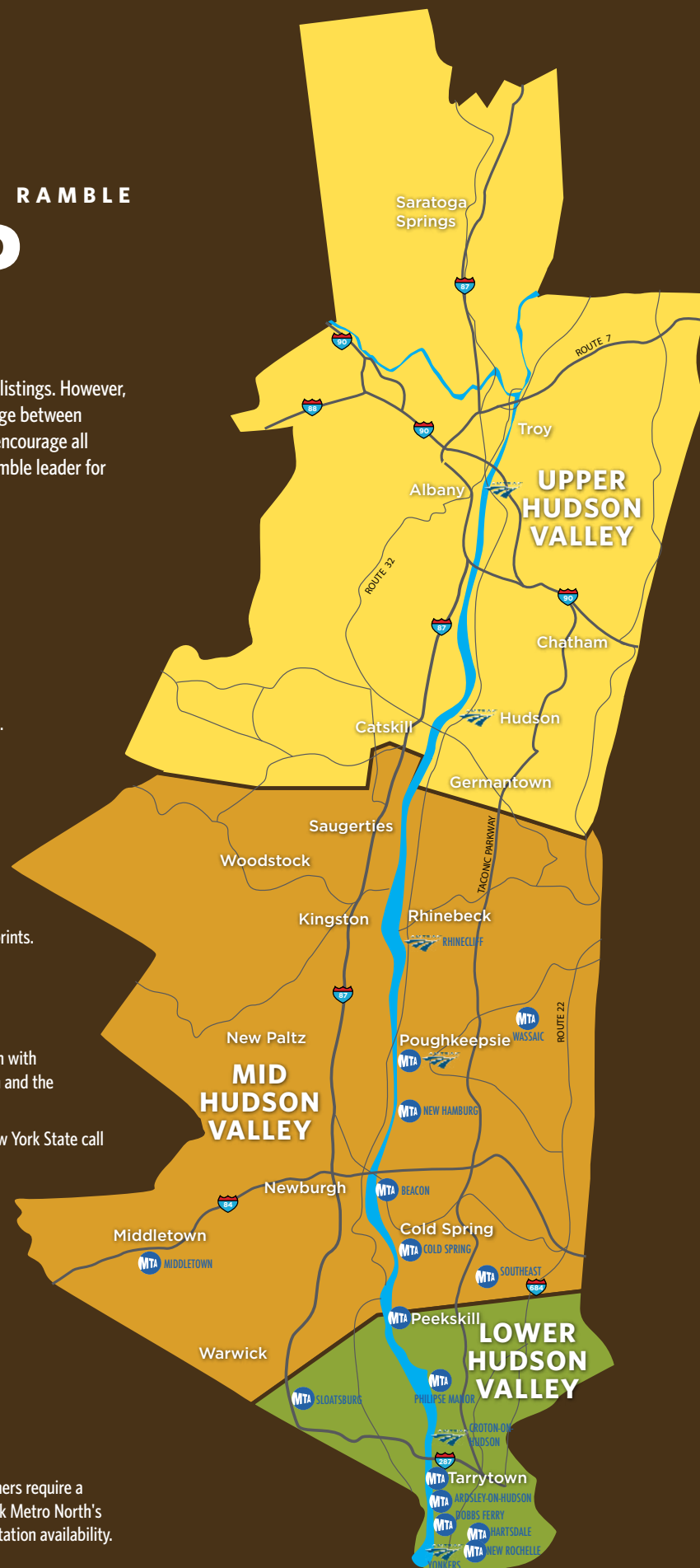
Easy to go, easy to save with discount rail packages for the top tours, attractions, and events at [mta.info/mnr/getaways](http://mta.info/mnr/getaways).

**Amtrak** (800) USA-RAIL  
[amtrak.com](http://amtrak.com)

**Coach USA**  
[coachusa.com](http://coachusa.com)

**Trailways** (800) 776-7548  
[trailwaysny.com](http://trailwaysny.com)

While many events are accessible by public transportation, others require a car. The region is served by several rental car companies. Check Metro North's website for current information on discounted car rental and station availability.



## Come See What's New

**SAMUEL DORSKY MUSEUM OF ART**  
STATE UNIVERSITY OF NEW YORK AT NEW PALTZ

[WWW.NEWPALTZ.EDU/MUSEUM](http://WWW.NEWPALTZ.EDU/MUSEUM)

*Beekman Arms*  
Since 1766  
& DELAMATER INN  
Since 1844

*America's oldest  
continually  
operating Inn*



Route 9 Rhinebeck, NY  
(845) 876-7077

[BEEKMANDELAMATERINN.COM](http://BEEKMANDELAMATERINN.COM)

ESCAPE TO THE

# FARM

COLUMBUS DAY WEEKEND!

Join Fat Apple Farm for a perfect weekend getaway showcasing Fat Apple's pasture-raised meats, fresh products from local growers and makers from Dutchess and Columbia Counties, artisan beer and wine, and the amazing culinary talents of Thyme & Co.

FAT APPLE FARM - PINE PLAINS, NY | HARVEST CELEBRATION WEEKEND - OCT 12TH-13TH | SAT 12PM-SUN 12PM

Additional activities will include a farm tour, fall-themed plant design workshop, butchering demo, live music, camping, fireside desserts, and more!

**fat  
apple**  
FARM



**FOR TICKETS & INFORMATION, VISIT: [WWW.FATAPPLE.FARM/EVENTS](http://WWW.FATAPPLE.FARM/EVENTS)**  
Advanced tickets are necessary. \$150 (children 12 and under are free). Includes all activities, food, beverages and camping.



# LOWER HUDSON VALLEY EVENTS



Croton Dam Hike

### KEY TO RAMBLE EVENTS

- Hudson River Estuary
- Greenway Trail
- Great Estates
- Hudson River Artists Trail
- Revolutionary War Trail
- Family Friendly
- Walk/Hike
- Bicycle
- Paddle
- Wheelchair Accessible (for details, contact the trip leader)
- Public Transportation

Note: We make every effort to ensure accuracy of event listings. However, due to weather and other factors, information may change between the time of publication and the time of each event. We encourage all participants to verify dates and times with the listed Ramble leader for each event.

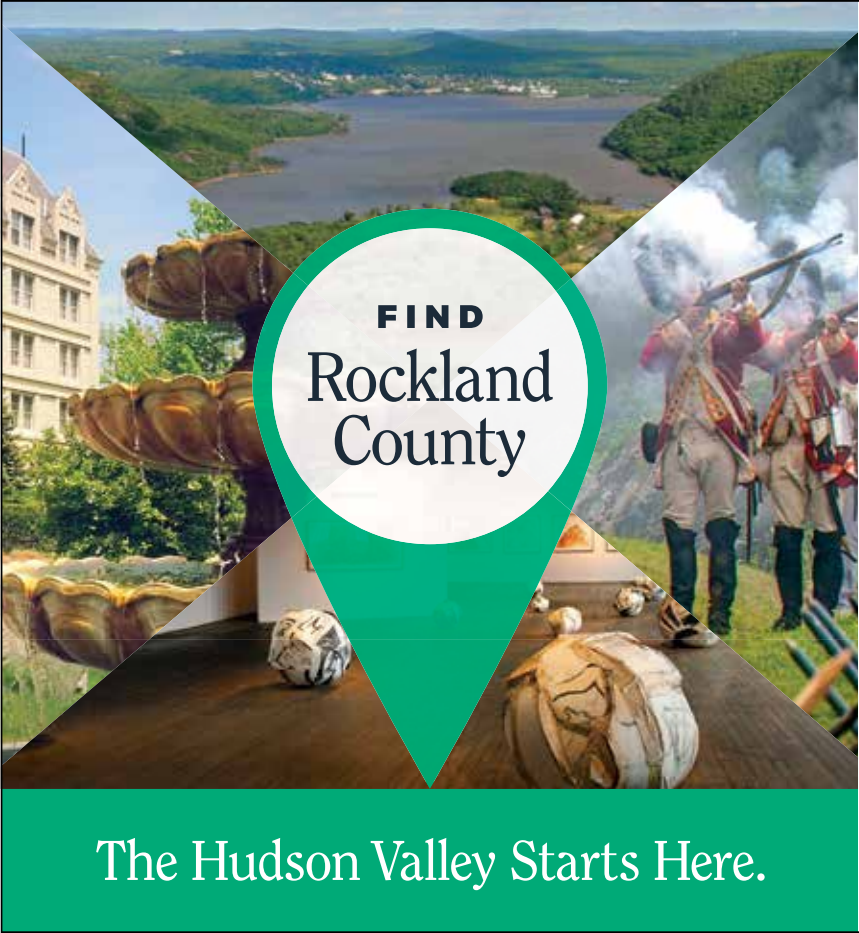
**1. The Original Knickerbocker—Washington Irving & The Legend of Sleepy Hollow**  
**8/31 9/1 9/7 9/8 9/14 9/15 9/21 9/22 9/28 9/29 11:00AM**  
Sleepy Hollow Cemetery - South Gate  
430 North Broadway, Sleepy Hollow 10591  
(914) 631-0081  
christina@sleepyhollowcemetery.org  
Celebrate the Bicentennial of the publication of "The Legend of Sleepy Hollow" as we walk

to Washington Irving's final resting place. Learn more about the talented Mr. Irving, his influence on popular culture today and reflect on why "The Legend" has never been out of print for almost 200 years! You'll also go inside the Receiving Vault (which is over 119 years old), stop at the Revolutionary War monument, as well as admire this historic cemetery's lovely art and architecture during a one-hour walking tour.  
**Fee:** \$10  
**Additional equipment:** Sturdy walking shoes are recommended.  
**Metro North station:** Philipse Manor

**2. Lyndhurst Landscape Ramble**  
**9/1 9/8 9/22 9/29 10:00AM**  
Lyndhurst  
635 South Broadway, Tarrytown 10591  
(914) 631-4481  
mbekelja@savingplaces.org  
To celebrate the Hudson River Ramble, we will be offering a tour of the historic grounds at Lyndhurst, a Gothic Revival masterpiece overlooking the Hudson River. The site reflects nearly 175 years of life on the Hudson River contained in 67 park-like acres that include 16 structures, such as a Lord & Burnham steel-framed greenhouse complex and the oldest regulation bowling alley in the United States. Lyndhurst's magnificent grounds contain an award-winning rose garden, a fern garden, a rock garden, specimen trees, the now-aged lindens for which the property was named, and spectacular views of the Hudson River.  
**Notes:** Lyndhurst welcomes all visitors, but please note that this tour requires extensive

walking on hilly grounds for about two hours outside and is not recommended for visitors with disabilities or difficulty walking.  
**Registration:** Check Ramble website or call  
**Fee:** \$20  
**Difficulty:** Moderate  
**Length:** 2 miles  
**Duration:** 2 hours  
**Not suitable for children under:** 12

**3. History Tour of Untermyer Gardens**  
**9/1 9/15 11:00AM**  
Untermyer Park and Gardens  
945 North Broadway, Yonkers 10701  
(914) 613-4502  
gardens@untermyergardens.org  
This tour highlights the history of the estate from its origin in 1862, through each of its three owners, emphasizing its world famous heyday in the Untermyer years, its dramatic decline after 1940, and the remarkable restoration efforts that have been ongoing from 2010 to the present day. There will be an emphasis on Samuel Untermyer and his wife and their place in early 20th-century history as well as discussion of the remarkable architecture of the gardens. There will be some limited discussion of the horticulture but the magnificent plantings will mostly speak for themselves as the tour goes down the steps of the Vista and then back up a woodland path to the Temple of Love.  
**Fee:** \$10  
**Duration:** 1.5 hours  
**Portion wheelchair accessible:** The Walled Garden portion of the tour is accessible.



## The Hudson Valley Starts Here.

Rockland County is your gateway to the wonders of the Hudson Valley. Magnificent views, soulful hikes, charming hospitality, award-winning cuisine, unique entertainment, and rich history—Rockland County offers the best of the Hudson Valley while celebrating the vibrance and diversity of New York State.

[exploreroocklandny.com](http://exploreroocklandny.com)

**Rockland County**  
TOURISM

**Additional equipment:** We suggest sturdy shoes. Strollers are not advised for the tours.  
**Metro North station:** Greystone



**4. Jacob Blaauvelt House Guided Tours**  
**9/1 9/8 9/15 9/22 9/29 1:00PM**  
Jacob Blaauvelt House/Historical Society of Rockland County  
20 Zukor Road, New City 10956  
(845) 634-9629  
director@rocklandhistory.org  
The architectural style, furnishings, and decorative elements of the Jacob Blaauvelt House reflect those of a typical family of Rockland County and the Hudson Valley region in the first half of the 19th century. Members of the Blaauvelt family lived in the house from its construction in 1832 until 1970, when it was given to the Historical Society. During their more than 100 years living in the house, the Blaauvelts made many changes to it; when the HSRC gained ownership, it was restored to its original period and furnished with Blaauvelt family pieces, as well as Rockland County and Lower Hudson Valley pieces from the Society's collection.  
**Fee:** \$5  
**Portion wheelchair accessible:** Our kitchen is accessible. Interior rooms have one to two stairs.



**5. The Armour-Stiner Octagon House**  
**9/6 9/13 9/20 9/27 10:00AM**  
**9/7 9/8 9/14 9/15 9/21 9/22 9/28 9/29 9:30AM**  
The Armour-Stiner Octagon House  
45 West Clinton Avenue, Irvington 10533  
(917) 783-6174  
info@armourstiner.com  
Visit the only known residence built in the form of a domed, ancient classical temple. Created as a whimsical summer retreat in 1872 by tea-importer Joseph Stiner, this National Historic Landmark's shape was based on the theories of Orson Squire Fowler, a phrenologist, who believed octagonal houses enclosed more space, allowed the sun in at all times, and permitted more views into the landscape. This lyrical home retains its magnificent ornamentation and furnishings and the only remaining Egyptian Revival Room in America with its original decoration and furniture.  
**Registration:** armourstiner.com  
**Fee:** \$24  
**Not suitable for children under:** 12  
**Additional equipment:** Comfortable shoes are recommended.  
**Metro North station:** Ardsley-on-Hudson



**6. Hudson River Birding Ramble**  
**9/7 8:00AM**  
Stony Point Battlefield State Historic Site  
44 Battlefield Road, Stony Point 10980  
(845) 786-2521  
michael.sheehan@parks.ny.gov  
Enjoy a walk led by the Rockland Audubon Society in search of neo-tropical birds on their migration. First-time birders welcome! Experienced birders will enjoy exploring diverse habitats including brackish river and marsh, fresh water pond, meadows, lawn and woodland areas. Enjoy exploring this excellent location and wonderfully accessible birders' paradise. Bring binoculars, or borrow an extra pair from the group.  
**Duration:** 2 hours  
**Not suitable for children under:** 12  
**Portion wheelchair accessible:** Some of the walk will be on paved surfaces.  
**Additional equipment:** Please bring binoculars.



**7. Ossining Farmers Market**  
**9/7 9/14 9/21 9/28 8:30AM**  
Ossining Farmers Market  
11 Spring Street, Ossining 10562  
(914) 923-4837  
dacotah@downtoearthmarkets.com  
Local farms and food makers gather in the heart of Ossining Village on Saturdays. Stop by for lunch or a snack while you browse the village or before you hit the Croton Aqueduct trail.  
**Metro North station:** Ossining





“Hikes were great and well organized. The leaders were very informative and it was well planned.”  
— Lisa Z.

**8. Senator David Carlucci's Hike with Your Senator**

**9/7 9:00AM**  
Perkins Memorial Tower  
Bear Mountain State Park,  
Bear Mountain 10911  
(845) 623-3627  
mulgrew@nysenate.gov  
We will be meeting in the parking lot at the top of the mountain by Perkins Memorial Tower. The trail is one of the few handicapped accessible trails in the area and provides beautiful 360-degree views. After the hike, feel free to climb the four-story tower and check out the observation area at the top.  
**Registration:** Phone or email by 9/6  
**Difficulty:** Moderate  
**Length:** 3 miles  
**Duration:** 2 hours



**9. Saw Mill River Heritage Tour**

**9/7 10:00AM**  
Philipse Manor Hall and Downtown Yonkers  
29 Warburton Avenue, Yonkers 10701  
(914) 965-4027 x102  
robert.lee@parks.ny.gov  
Philipse Manor Hall and downtown Yonkers have both shaped and been shaped by the Saw Mill River. This walking tour follows the Saw Mill, or Nepperhan, River from its mouth at the Hudson. Patrons will learn about the growth and development of Yonkers from 1682 to present and discuss how these changes in Yonkers are connected to larger trends in New York and United States history.  
**Notes:** Walking tour along city street with gradual hills. The tour begins at Philipse Manor Hall State Historic Site and ends in nearby Van der Donck Park, across the street from the Manor Hall.  
**Fee:** \$5 adult, \$3 senior or student. Free for members of the Friends of Philipse Manor Hall and children under 12 years of age  
**Difficulty:** Moderate  
**Length:** 1 mile  
**Duration:** 1.5 hours  
**Not suitable for children under:** 5  
**Metro North station:** Yonkers



**10. Wild Mushroom Walk**

**9/7 10:00AM**  
Teatown Lake Reservation  
1600 Spring Valley Road, Ossining 10562  
(914) 762-2912  
pbcock@teatown.org  
Join Leon Shernoff, respected mycologist and the editor of *Mushroom*, *The Journal of Wild Mushrooming*, as he shares his expertise on the role fungi play in our ecosystem on a walk to locate and identify wild mushrooms.  
**Registration:** Phone by 9/6  
**Fee:** \$5 members, \$10 non-members  
**Difficulty:** Easy  
**Duration:** 2 hours  
**Not suitable for children under:** 12



**11. Free Sails with Ferry Sloops from Croton-on-Hudson**

**9/7 11:00AM**  
Croton Yacht Club  
6 Elliott Way, Croton-on-Hudson 10520  
(914) 841-3107  
info@ferrysloops.org  
The sails aboard Whimbrel, our sloop-rigged Catboat, will depart at 11am, 12pm, 1pm, 2pm, and 3pm. Each sail will be approximately 45 minutes long. The free sails are on a “first come, first served” basis. No reservations will be accepted prior to the sail day. Guests can sign up at the Ferry Sloops table in the tent beginning at 10:00am for any of the day’s scheduled sail times. Limit of four passengers per sail. The boat’s captain reserves the right to cancel any or all of the day’s sails, if weather conditions make it unsafe for sailing. There is no rain date. Free parking is available on the street and in the Croton Landing parking lot. Do not park in the Croton Yacht Club.  
**Not suitable for children under:** Passenger age requirement: must be at least 12 years old, under 18 years old must be accompanied by parent or adult guardian (no exceptions).  
**Additional equipment:** For safety and boating etiquette, we ask that guests aboard our boat wear boat shoes (docksidors or non-marking sandals) or light-colored soled sneakers only. Since it’s always cooler on the water, bring a light jacket or windbreaker, and a hat. Also, don’t forget sunscreen.

**12. "Natural Progressions" Sculpture Exhibit**

**9/7 12:30PM 9/20 2:00PM**  
Rockland Center for the Arts  
27 South Greenbush Road, West Nyack 10994  
(845) 358-0877  
exhibitions.roca@gmail.com  
A Tour of The Catherine Konner Sculpture Park including the new “Natural Progressions” and “RoCA Nest” exhibits at Rockland Center for the Arts. The new exhibits include large on-site installations addressing environmental ideas of organics and sustainability. Some of the installations were constructed from materials found on the property. These sculptures help visitors reconnect to nature and relieve the “nature deficit” so prevalent today.  
**Portion wheelchair accessible:** The park is barrier free but part of the park is grassy and the nature trails are wood chips.  
**Additional activities:** There is an indoor exhibition opening that same day at 2pm. The Sculpture Park is open seven days a week. There are two guided tours, 9/7 and 9/20, but the public can come in for a self-guided tour any day of the week. Free and open to the public from dawn to dusk.



**13. Piermont's Station Museum**

**9/8 9/22 1:00PM**  
Piermont Station  
50 Ash Street, Piermont 10968  
(917) 509-5429  
lolaesnard@gmail.com  
Visit this 1883 landmark railroad station and learn about Piermont’s unique and diverse history: Piermont’s role in the American Revolution and WWII as well as the longest railroad in the world, which in 1851 left

from Piermont’s pier to Lake Erie. View two award-winning historical documentaries on Piermont in the audio room on the museum’s second floor. Hikers can access the station via the scenic Erie Path overlooking the majestic Hudson River.



**14. Haverstraw Riverwide Arts & Music Festival**

**9/14 11:00AM**  
Emeline Park  
16 Front Street, Haverstraw 10927  
(845) 372-6552  
haverstrawriverarts@gmail.com  
The 6th annual Haverstraw Riverwide Arts & Music Festival kicks off in the Village of Haverstraw’s scenic Hudson Riverfront park. The day’s festivities include four live bands, DJ, and Live Art event. Set sail with the Schooner Pioneer and artist and crafts vendors. Admission is free.  
**Portion wheelchair accessible:** Some paths have gravel, but there are curb cuts to get to the paths.  
**Additional equipment:** There is limited wheelchair parking. We will provide a shuttle bus service with wheelchair access in the parking lot of 40 New Main Street (Haverstraw Village Hall). Wheelchair accessible port-o-potties are available.



**15. Historic Piermont Walking Tour: From Pangaea to Paper—Featuring the NY & Erie RR**

**9/8 10:00AM**  
Meet in parking lot behind Confetti restaurant at 200 Ash Street, Piermont 10968  
(917) 509-5429  
lolaesnard@gmail.com  
Join Richard Esnard of the Piermont Historical Society for a walk through early 19th-century Bogertown and then onto Piermont’s pier. Enjoy exceptional river views while learning about this scenic village, its geological history, the Revolution, WWII, and how the railroad impacted the village and the nation. Return to the parking area via Flywheel Park.  
**Notes:** The walk is flat.  
**Difficulty:** Moderate  
**Length:** 2.5 miles  
**Duration:** 2.5 hours  
**Not suitable for children under:** 7  
**Additional equipment:** Water, good walking shoes, and walking stick



**16. President's Tour of Untermyer Gardens**

**9/8 11:00AM**  
Untermyer Park and Gardens  
945 North Broadway, Yonkers 10701  
(914) 613-4502  
gardens@untermyergardens.org  
Stephen F. Byrns, who is an architect and the founder and President of the Untermyer Gardens Conservancy, leads this monthly tour. He is a fount of in-depth knowledge on the history of the property, on Samuel Untermyer and his historical milieu, on the architecture, especially the Indo-Persian Walled Garden, and on his vision for the future of this landmark restoration. Please join us near the 945 North Broadway Parking lot. The tour goes

down the steps of the Vista and then back up a woodland path to the Temple of Love.  
**Fee:** \$25  
**Duration:** 1.5 hours  
**Portion wheelchair accessible:** The Walled Garden portion of the tour is accessible.  
**Additional equipment:** We suggest sturdy shoes. Strollers are not advised for the tours.  
**Metro North station:** Greystone



**17. Highlands Bluegrass Festival at Harmony Hall**

**9/8 1:00PM**  
Harmony Hall—Jacob Sloat House  
15 Liberty Rock Road, Sloatsburg 10974  
(845) 712-5220  
geoffwelch@gmail.com  
Wonderful musicality will once again sound from our outdoor stage for the 10th Annual Highlands Bluegrass Festival! Blue Plate Special and Moonshine Falls will be two of the talented bands and musicians entertaining us at the 2019 festival, s in the beautiful Ramapo River Valley on the Great Lawn of Jacob Sloat’s 1848 mansion, Harmony Hall. This National Register of Historic Places Site in Sloatsburg, New York is close to Harriman and Sterling Forest State Parks in the surrounding ancient and scenic Ramapo Mountains.

**Fee:** \$10 suggested donation  
**Additional equipment:** Bring a lawn chair or blanket.

**Metro North station:** Sloatsburg



**18. Piermont Civic Association's Annual Fundraiser Lobster Festival**

**9/8 2:00PM**  
Goswick Pavilion, Ferry Road, Piermont 10968  
(917) 692-8053  
patricia.lukes@gmail.com  
Come to the Piermont Civic Association's Annual Fundraiser Lobster Festival for a fun afternoon of live music, dancing, lobster, and more! Music by Flying Fingers Jug Band.  
**Fee:** \$30 adult, \$12 child



**19. Fall Crafts at Lyndhurst**

**9/13 9/14 9/15 10:00AM**  
Lyndhurst Estate  
635 South Broadway, Tarrytown 10591  
(845) 331-7900  
crafts@artrider.com  
Fall Crafts at Lyndhurst showcases more than 275 modern American makers, artists, designers, and craftspeople from across the country and is a celebration of all things handmade. These exceptional indie artists infuse each of their pieces with a distinctive creative vision. There will be a full day art and shopping experiences for the entire family. Meet talented emerging and seasoned makers who will be selling their exciting contemporary creations at Westchester County’s most beloved arts event and favorite out-of-the-box shopping experience. A

benefit for Lyndhurst and the National Trust for Historic Preservation. Friday and Sunday the event lasts till 5pm. On Saturday the event lasts till 6pm.  
**Fee:** \$12 weekend pass, \$11 senior, \$4 child 6-16. Free for children under 6. Discount admission coupons available at artrider.com.

**Portion wheelchair accessible:** The event is outdoors on grass. Weather permitting, wheelchairs are able to be pushed on the grounds.  
**Additional activities:** Great food, exciting children’s activities, hands-on demonstrations, mansion tours (tours are additional fee at mansion).



**20. Brinton Brook Audubon Hike**

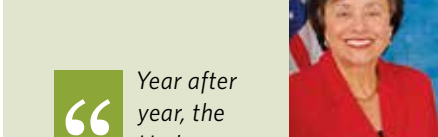
**9/14 9:00AM**  
Brinton Brook Audubon Sanctuary  
1339 Albany Post Road, Croton-on-Hudson 10520  
(914) 666-6503  
office@sawmillriveraudubon.org  
Explore the 156-acres of Brinton Brook Audubon Sanctuary overlooking the Hudson River in Croton-on-Hudson with the Saw Mill River Audubon. Two-hour leisurely nature walk with optional 1.5-hour extension to the highest point in Croton on the Village’s Highland Trail. Please note: no restrooms on property.  
**Notes:** Moderate slopes, some uneven rocky surfaces.  
**Registration:** Phone or email by 9/13, 4pm  
**Difficulty:** Moderate  
**Length:** 3 miles  
**Duration:** 2 hours  
**Not suitable for children under:** 6  
**Additional equipment:** Sturdy shoes, water, and binoculars.



**21. Historic Tallman Mountain State Park Hike**

**9/14 11:15AM**  
Tallman Mountain State Park  
450 Piermont Avenue, Piermont 10968  
(845) 519-4247  
jurasek@optonline.net  
We will hike through the historical Tallman Mountain State Park and learn its interesting history as a former oil tank farm. Then it’s out the Piermont Pier to follow in the footsteps of the 40,000 US troops per month who marched to the waiting ships to transport them to the Atlantic Theatre during WWII. Finally, we will learn of the historic transformation of Piermont from a blue-collar factory town to its present day status. We are meeting on the corner of Tate and Piermont Avenues in Piermont, NY in front of 450 Piermont Avenue. Drivers should park across the street down Gair Avenue in municipal Lot D on the right. Please note that we are not meeting at Tallman Mountain State Park itself.  
**Notes:** There are limited facilities on the hike. There is one steep descent on the way but it can be avoided if necessary. There are also some rough paths and short elevation gains.

**CONGRESSWOMAN**  
Nita Lowey



“Year after year, the Hudson River Valley Ramble has united the community around a celebration of the culture, history, and natural resources of the Hudson River. Thanks to the Hudson River Valley Heritage Area, the 20th Annual Ramble will showcase the best of our region’s natural resources, art, business, recreation, and charm. It’s great to have a strong partner like the Hudson River Valley National Heritage Area in the fight to preserve and protect our local natural treasures for the benefit of our children and grandchildren. Happy 20th Anniversary, ramble on!”

**Difficulty:** Moderate  
**Length:** 7 miles  
**Duration:** 5 hours  
**Not suitable for children under:** 7  
**Portion wheelchair accessible:** The Pier is wheelchair accessible but the hiking trails in the park are not.  
**Additional equipment:** Lunch, water, snack, and good walking boots/shoes or sneakers.  
**Additional activities:** There will be ongoing narration on the hike for the many historical sites.



**22. Hike the Ward Pound Ridge Reservation with Lewisboro Land Trust**

**9/14 12:00PM**  
Route 121, Cross River 10518  
(914) 232-4947  
bobbestultz@gmail.com  
We will hike a loop through the largest protected forest block in Westchester County, taking note of natural and cultural history at key points of interest with Jenny Tkacz, park resident and professional animal wrangler. Leashed dogs are welcome. Meet at the Michigan Road parking area.  
**Notes:** There is some rocky terrain.  
**Fee:** \$10 parking fee  
**Difficulty:** Moderate  
**Length:** 4+ miles  
**Duration:** 2 hours  
**Not suitable for children under:** 10  
**Additional equipment:** Bring water and sturdy shoes.  
**Additional activities:** There is a \$10-per-car fee to enter the reservation.





“Very fun. Went with 13-year-old daughter. Very informative. We both had a good time and learned a lot.”  
— Kim L.

**23. Family Farm Festival at Stuart’s Fruit Farm**

**9/14 4:00PM**  
Stuart’s Fruit Farm  
62 Granite Springs Road, Somers 10507  
(914) 234-6992 x15

kristen@westchesterlandtrust.org  
We invite you to join us for live music, games, face painting, raffles, and so much more! Food and beer will be available for purchase. This event is in celebration of the preservation of Stuart’s Fruit Farm, the oldest working farm in Westchester County, dating back to 1828. Admission is free! In April of 2018, Westchester Land Trust (WLT) completed a conservation easement that extinguished the development rights on the farm’s 172 acres thereby ensuring the land remains available for agricultural use forever. WLT’s partners included New York State, Westchester County, the Town of Somers, Scenic Hudson Land Trust, and Somers Land Trust.

**Additional activities:** In addition, there will be a corn maze and hay rides.



**24. Mind, Body, Spirit—Ossining**

**9/14 9/28 4:00PM**  
Louis Engel Waterfront Park  
1 Westerly Road, Ossining 10562  
(914)762-6001

vcafarelli@townofossining.com  
For the fourth year in a row, the Town of Ossining is partnering with Open Door Family Medical Center and local fitness and wellness businesses to offer free classes to the public on summer weekends at a Town or

Village Park or open space. Sue Radparvar of Studio95 Zumba in Ossining will host classes open to all ages.

**Registration:** Phone or email

**Additional activities:** More events may be added, please visit townofossining.com for more information.

**Metro North station:** Ossining



**25. Iona Island Educational Canoe Trip**

**9/15 10:00AM**  
Iona Island, Bear Mountain 10911  
(845) 889-4745 x109

james.herrington@dec.ny.gov

Paddle through this marshy maze with Reserve naturalists. Nestled in the Hudson Highlands adjacent to Bear Mountain State park, this wetland features flowering marsh plants, sunning snapping turtles, and soaring vultures.

**Registration:**

husoncanoeprogram2019.eventbrite.com

**Difficulty:** Moderate

**Length:** 2 miles

**Duration:** 2.5 hours

**Not suitable for children under:** 6

**Additional equipment:** Please wear footwear that can get wet. Boats provided.



**26. Mountain Biking the Yorktown Trails**

**9/15 10:00AM**  
Yorktown Trails  
2901 Manor Street, Yorktown Heights 10598  
(303) 521-2633

unlimitedmpg@gmail.com

Join Yorktown Trailtown, Westchester Cycle Club, and Westchester Mountain Bike Association for a lively mountain bike

ride on the Yorktown Trails! We will have a short safety talk before departing. These are intermediate-level trails with plenty of rocks, roots, and logs. We will regroup primarily at the end of each trail. Meet at the Crompond Elementary School parking lot. From there we will ride to the Strang Boulevard trailhead and head into the woods! Plan to ride for about 60-90 minutes over about 2-2.5 hours.

**Notes:** These are intermediate-level trails that include rocks, roots, and logs. Must have some level of comfort with trail obstacles and know the limits of your abilities. Walking sections beyond your ability is okay!

**Difficulty:** Moderate

**Length:** <10 miles

**Duration:** 2 hours

**Not suitable for children under:** 14

**Additional equipment:** Mountain bike (please, NO HYBRIDS) in good working order, helmet, water, snack(s), spare tube, and tools.



**27. Supervisor’s Walk—Lake DeForest**

**9/21 9:00AM**  
New City Little League Strawtown Road Fields  
East Side of Strawtown Road, New City 10956

(845) 639-2070

j.simoes@clarkstown.org

Join Clarkstown Supervisor George Hoehmann and Bill Madden of Suez Water NY for a leisurely hike along the shores of Lake DeForest Reservoir. Participants can choose between two guided hikes: one that heads north of the Freedom Causeway with beautiful views of Davies Apple Orchard and majestic Hook Mountain, or one that leads south of the Freedom Causeway through quiet woods along the picturesque shoreline. Participants will learn about the history and significance of this privately owned reservoir, a primary source of Rockland and north New Jersey’s drinking water. Take advantage of this rare opportunity to explore Suez’s property around beautiful Lake DeForest.

**Notes:** Both walks are on woodland trails over flat terrain.

**Registration:** Phone or email by 9/13

**Difficulty:** Easy

**Length:** 2.5 miles

**Duration:** 2 hours

**Not suitable for children under:** 6



**28. Doodletown**

**9/21 10:00AM**  
The hiker’s parking area is about 1.4 miles south of the Bear Mountain Bridge traffic circle on Route 9W, just north of the road into Iona Island.

(914) 274-0449

steinberg\_david@hotmail.com

Join David Steinberg, author of *Hiking the Road to Ruins*, for an exploration of the abandoned hamlet of Doodletown. We’ll visit cemeteries, mines, and look for vestiges of the old town. Signed copies of the book will

be available for purchase.

**Notes:** Foot trails, woods roads, some bush-whacking possible.

**Registration:** Call or email

**Fee:** \$10

**Difficulty:** Moderate

**Length:** 8 miles

**Duration:** 5 hours

**Additional equipment:** A magnet on a string and lunch.



**29. Free Sails with Ferry Sloops from Ossining**

**9/21 10:00AM**  
Shattemuc Yacht Club  
46 Westerly Road, Ossining 10562  
(914) 841-3107

info@ferrysloops.org

The sails aboard Whimbrel, our sloop-rigged Catboat, will depart at 10am, 11am, 12pm, 1pm, 2pm, and 3pm. Each sail will be approximately 45 minutes long. The free sails are on a “first come, first served” basis. No reservations will be accepted prior to the sail day. Guests can sign up at the yellow Ferry Sloops tent beginning at 9:30am for any of the day’s scheduled sail times (limit of four passengers per sail). The boat’s captain reserves the right to cancel any or all of the day’s sails, if weather conditions make it unsafe for sailing. Free parking is available on the street (Westerly Road) and in Shattemuc Yacht Club parking lot. Do not park in the Boathouse Restaurant parking lot or in spaces that have signs designating the Boathouse Restaurant parking.

**Not suitable for children under:** Passenger age requirement: must be at least 12 years old, under 18 years old must be accompanied by parent or adult guardian (no exceptions).

**Additional equipment:** For safety and boating etiquette, we ask that guests aboard our boat wear boat shoes (docksiders or non-marking sandals) or light-colored soled sneakers only. Since it’s always cooler on the water, bring a light jacket or windbreaker, and a hat. Also, don’t forget sunscreen.

**Additional activities:** Additional sailboats might be available. Please check our website at ferrysloops.org the morning of the event.

**Metro North station:** Ossining



**30. John Jay’s Not-So-Big City: A Walk Through the History of Old New York**

**9/21 10:00AM**  
Bowling Green  
Broadway & Morris Street, New York 10004  
(914) 232-5651 x107

bethany.white@parks.ny.gov

Founding Father John Jay was a native son of New York City, but the city he knew was not the metropolis we know today. This tour takes us along many of the same streets John Jay walked as we visit locations where he lived, worked, played, and prayed.

**Notes:** Some uneven paved surfaces.

**Registration:** johnjayhomestead.org/events by 9/15

**Fee:** \$20 adult, \$15 members

**Difficulty:** Easy

**Length:** 2.25 miles

**Duration:** 3 hours



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[WWW.TARRYTOWNHOUSEESTATE.COM](http://WWW.TARRYTOWNHOUSEESTATE.COM)



**Not suitable for children under:** 12  
**Additional equipment:** Water



**31. Nature Art—Off the Hook!**

**9/21 11:00AM**  
Marydell Center  
640 North Midland Avenue, Nyack 10960  
(845) 512-8279

joanna@strawtownstudio.org

Join Strawtown artists and naturalists for a creative outdoor experience at the base of Hook Mountain on the Hudson River! Come learn about the special features of this wide bays area of the river and the diverse wildlife it supports. We will explore outdoors, then

create a related work of art to take home! If it’s raining, the art portion of the program will be held indoors.

**Registration:** strawtownstudio.org/event/ramble-2019 by 9/18

**Fee:** \$25 adult, \$15 child

**Duration:** 2 hours

**Not suitable for children under:** 4

**Portion wheelchair accessible:** Outdoor field exploration is accessible, but art studio has steps.

**Additional equipment:** Please wear clothing and footwear appropriate for outdoor exploration and studio art (that can get wet, dirty, and stained). Bring a water bottle and snack.



Iona Island Canoe Trip





Mountain Biking the Yorktown Trails

### 32. Shore to Shore in Sloatsburg: The Hudson River as the Springboard for the Yorktown Campaign in the American Revolution!

**9/21** 3:00PM

Harmony Hall-Jacob Sloat House  
15 Liberty Rock Road, Sloatsburg 10974  
(845) 323-7962  
janetburnet@aol.com

Dr. Robert A. Selig, official National Park Service historian for the Congressionally-designated Washington-Rochambeau National Historic Trail, will present findings on the dramatic crossing of the Hudson River by 7,000 French troops under General Comte de Rochambeau and Colonial troops under General George Washington on their march to The Battle of Yorktown, Virginia, where the British surrendered. There will be a presentation of known facts—and a discussion among local residents and historians to identify local oral history, family history, and local lore in a search for discovery about participation from regional colonialists, Native Americans, and enslaved peoples.

**Registration:** Email by 9/20

**Additional activities:** There will be a reception following the presentation and discussion.

**Metro North station:** Sloatsburg



### 33. Historic Piermont Walking Tour Featuring the Birthplace of Piermont & More

**9/22** 10:00AM

200 Ash Street, Piermont 10968  
(917) 509-5429

lolaesnard@gmail.com

Join Richard Esnard of the Piermont Historical Society—Walk to Piermont’s historic district, then to early 19th-century Bogertown and ending at Flywheel Park. Enjoy the scenic Sparkill Creek stopping at several sites on the National Register of Historic Places. (The

drawbridge, Haddock’s Hall—the location of the 1916 silent movie *The Hungry Heart*). Learn about the dramatic impact of geology and the NY and Erie RR on the village and the nation.

**Notes:** Meet in parking lot behind Confetti restaurant. The walk is flat.

**Difficulty:** Moderate

**Length:** 2.5 miles

**Duration:** 2.5 hours

**Not suitable for children under:** 7

**Additional equipment:** Water, good walking shoes, and walking stick.



### 34. Jay Day! Fall Family Festival

**9/22** 11:00AM

Jay Heritage Center at the Jay Estate  
210 Boston Post Road, Rye 10580  
(914) 698-9275

jayheritagecenter@gmail.com

The Jay Heritage Center will host Jay Day! celebrating American culture and traditions. Admission includes live music, book signings, hands-on art, and planting activities with pony rides, historical house tours, balloon twisting, face painting, and geocaching with prizes. Purchase items from a choice selection of craft vendors, including old-fashioned silhouette portraits and vintage maps. Don’t miss the tastes of autumn in New York’s Hudson Valley thanks to our farmers market! Help us continue the transformation of the historic Jay Estate into a 23-acre educational park full of fun and exciting outdoor and indoor experiences!

**Fee:** \$40 per family, \$15 individual

**Portion wheelchair accessible:** Mansion is not yet wheelchair accessible

**Additional activities:** Food for purchase including treats from Jimmy’s Soft Serve. Kite flying, horseshoe toss, and archaeology table.



### 35. Garden Tour of Untermyer Gardens

**9/22** 2:00PM

Untermyer Park and Gardens  
945 North Broadway, Yonkers 10701  
(914) 613-4502

gardens@untermyergardens.org

This tour covers some history, but includes discussion of the architecture, elements of garden design in general and of this garden in particular, and identification and discussion of numerous plants and plant combinations. Please join us near the 945 North Broadway parking lot. The the tour goes down the steps of the Vista and then back up a woodland path to the Temple of Love.

**Fee:** \$10

**Duration:** 1.5 hours

**Portion wheelchair accessible:** The Walled Garden portion of the tour is accessible.

**Additional equipment:** We suggest sturdy shoes. Strollers are not advised for the tours.

**Metro North station:** Greystone



### 36. Mohansic Trailway

**9/22** 2:00PM

2802 Deer Street, Yorktown Heights 10598  
(914) 555-1212

wjdhikes@gmail.com

A rail spur was built to connect Yorktown Heights to a mental institution in what is now FDR State Park. Abandoned in 1917, this route connects Yorktown Heights to the interior of FDR State Park. Since 2016, the NY-NJ Trail Conference has helped Friends of FDR State Park and the Yorktown Trail Town Committee to provide access along that route traversing in or along wetlands. The connection involved building five bridges and more than 800 feet of boardwalks built by volunteers including four Eagle Scout projects.

**Notes:** Meet at parking lot at Burger King at Route 118 and Downing Drive. Portions of the trail can be muddy or have uneven surfaces. No open-toed shoes.

**Difficulty:** Moderate

**Length:** 3.2 miles

**Duration:** 2.5 hours

**Not suitable for children under:** 7

**Additional equipment:** Bring a camera.



### 37. Shore to Shore Van Courtlandville: The Hudson River as the Springboard for the Yorktown Campaign in the American Revolution!

**9/22** 3:00PM

Old St. Peter’s Church  
Corner of Oregon Road and Locust Avenue,  
Van Courtlandville  
(845) 323-7962

janetburnet@aol.com

Dr. Robert A. Selig, official National Park Service historian for the Congressionally-designated Washington-Rochambeau National Historic Trail, will present findings on the dramatic crossing of the Hudson River by 7,000 French troops under General Comte de Rochambeau and Colonial troops under General George Washington on their march to The Battle of Yorktown, Virginia, where the British surrendered. There will be a presentation of known facts—and a discussion among local residents and historians to identify local

oral history, family history, and local lore in a search for discovery about participation from regional colonialists, Native Americans, and enslaved peoples.

**Additional activities:** There will be a reception at the Old Red Schoolhouse, next door, following the presentation and discussion.



### 38. Photography Walk

**9/27** 2:00PM

Fitzgerald Falls  
Appalachian Trail, Southfields 10975  
(201) 512-9348

jennifer@nynjtc.org

Grab your smartphone, point and shoot, or SLR camera and let’s hit the trails. Learn photo tips and tricks as we go on a photo scavenger hunt!

**Registration:** By email

**Difficulty:** Easy

**Length:** 2 miles

**Duration:** 2 hours

**Not suitable for children under:** 13

**Additional activities:** Afterward, join us for a post-hike wind down, sponsored by Merrell, at the Craft Beer Cellar in Warwick where we will hold a friendly competition on images taken on our adventure! Good hike, great food, and delicious craft beer—what could be better?



### 39. Hike to Conklin Homestead at Pine Meadow

**9/28** 9:00AM, Rain Date **9/29** 9:00AM

1152 Haverstraw Road, Suffern 10901  
digitdoger@aol.com

The Conklin Farm at Pine Meadow was first settled in the 1730s and remained until the 1930s when the Park evicted its final resident, Ramsay. The buildings were torn down and the site flooded under Pine Meadow Lake that the park built, however the family’s tombstones are still visible on a small island.

**Difficulty:** Moderate

**Length:** 5 miles

**Duration:** 5 hours

**Not suitable for children under:** 12

**Additional equipment:** Walking stick and lunch.



### 40. Cranberry Lake Preserve Hike

**9/28** 10:00AM

Cranberry Lake Preserve Nature Center  
1609 Old Orchard Street, White Plains 10604

(914) 274-0449

steinberg\_david@hotmail.com

Join David Steinberg, author of *Hiking the Road to Ruins*, for a comprehensive exploration of all the historic sites within the preserve: dynamite shed site, mysterious stone chamber, quarry, railroad bed, and much more. Uncover the secrets and mysteries hidden in plain sight.

**Notes:** Woods roads, some bushwhacking, climb up to top of quarry, steep drop-offs, opportunity to quit early if so desired.

**Difficulty:** Moderate

**Length:** 3 miles

**Duration:** 4 hours

**Additional equipment:** Bring lunch.



### 41. Family Garden Day at

**Sugar Hill Farm**

**9/28** 10:00AM

Sugar Hill Farm  
403 Harris Road, Bedford Hills 10507  
(914) 234-6992 x15

info@westchesterlandtrust.org

Come help a garden grow! Bring your whole family to Sugar Hill Farm to help Farmer Allison and WLT staff care for the quarter-acre garden space. Discover what the veggies you love look like when they are growing and learn simple organic gardening techniques. At 11:30am, we’ll take a break for a quick (kid-friendly) cooking lesson with vegetables right out of the garden.

**Registration:** Phone or email by 9/25

**Additional equipment:** Sturdy shoes are recommended. Participants may wish to bring water, snack, camera, insect repellent, sunscreen, etc.



### 42. Tappantown Historical Society’s Annual Colonial Day

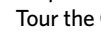
**9/28** 12:00PM

The DeWint House/Washington’s Headquarters  
20 Livingston Street, Tappan 10983

(845) 359-1923

clavalle46@yahoo.com

Step back in time and visit colonial America. Tour the Carriage House Museum and the DeWint House with costumed guides. See Colonial Army reenactors, encampment soldiers, live farm animals, and preparations for winter in the DeWint House kitchen. Watch spinners, lacemakers, quilters, embroiderers, woodcarvers, a sheepshearer, blacksmith, and colonial singers and dancers. For the children, there is apple pressing, stenciling, candle dipping, writing with quill pens, making tussie mussies, juggling, and making a mob cap. Refreshments available. Event ends at 5pm.



### 43. Tour de Yonkers

**9/29** 8:30AM

Center for the Urban River, Beczak Environmental Center  
35 Alexander Street, Yonkers 10701  
(914) 457-7995

yonkersbikeclub@gmail.com

The tour route follows the Hudson River north for several miles, passes some of the city’s historic old carpet mills and parts of the newly re-developed downtown areas, including the recently day-lighted Nepperhan River. The longer routes wind through east and northeast Yonkers, along the Bronx River Parkway, passing Sarah Lawrence College, other parks, and includes sections of the Old Putnam rail line that connected NYC with Northern Westchester, now a Rail-Trail bike path. There will be three rides: 12, 25, and 50 miles.

**Notes:** 12 and 25 mile routes have moderate hills. 50 mile route is hilly and challenging

### CONGRESSMAN

Eliot Engel



For 20 years,  
the Hudson  
River Valley



Ramble has brought  
the best of the Hudson River Valley  
to folks from all over our region.  
We are so fortunate to live in this  
beautiful area, with so much to see  
and do. I encourage everyone to  
enjoy this year’s wonderful Hudson  
River Valley Ramble celebration.”

**Fee:** \$40 till Sept 1, \$50 after that, and \$60 on day of event

**Difficulty:** Moderate

**Length:** 12, 25 or 50 miles

**Duration:** 1, 2 or 4 hours

**Not suitable for children under:** 18

**Additional equipment:** Bike in working order and bike helmet is required.

**Metro North station:** Yonkers



### 44. Ramble in the Woods

**9/29** 10:00AM

259 Upper Shad Road (Westchester Wilderness Walk/Zofnass Family Preserve entrance, Pound Ridge 10536  
(914) 234-6992 x15

info@westchesterlandtrust.org

Join Westchester Land Trust staff and preserve visionary, Paul Zofnass, for a hike through the winding nature trails of the Westchester Wilderness Walk/Zofnass Family Preserve in Pound Ridge. Discover beautiful wetland systems, majestic woodlands (with rare wildlife), incredible plant diversity, and dramatic rock formations—there is something to inspire every hiker. Hikers will split into smaller groups depending on their preference of distance. Please park on the north side of Upper Shad Road.

**Notes:** Mostly easy and flat through a wetland trail that includes a few stepping stones. The longer hike requires travel up some moderate ascents and over rock outcrops.

**Registration:** Phone or email by 9/28

**Difficulty:** Moderate

**Length:** 3.5 miles

**Duration:** 2.5 hours

**Not suitable for children under:** 5

**Additional equipment:** Sturdy walking shoes are recommended for both the long and short hike. Participants may wish to bring water, snack, camera, insect repellent, sunscreen, etc. There are NO restroom facilities.

**Additional activities:** Meals before or after the hike are available in nearby Pound Ridge or Bedford Village.





# MIDDLE HUDSON VALLEY EVENTS



200+ Years of Landscape History at Hyde Park

### KEY TO RAMBLE EVENTS

- Hudson River Estuary
- Greenway Trail
- Great Estates
- Hudson River Artists Trail
- Revolutionary War Trail
- Family Friendly
- Walk/Hike
- Bicycle
- Paddle
- Wheelchair Accessible (for details, contact the trip leader)
- Public Transportation

Note: We make every effort to ensure accuracy of event listings. However, due to weather and other factors, information may change between the time of publication and the time of each event. We encourage all participants to verify dates and times with the listed Ramble leader for each event.

### 45. Walk the Woodland Trail of Discovery

**All Ramble Weekends 9:30AM**

**Boscobel House and Gardens**  
1601 Route 9D, Garrison 10524  
(845) 265-3638

**ldaisley@boscobel.org**

From mid-April through December, Boscobel offers guests admission to 68 acres of our gardens and grounds, including the Frances S. Reese Woodland Trail of discovery, a tranquil mile through the forest. Boscobel's Great Lawn overlooks its iconic view of the Hudson River, Constitution Marsh, and the US Military Academy at West Point. The apple orchard, formal garden, and herb garden feature fruit trees and plants prized by New Yorkers then and now. And the Hudson River School Artists Garden, with sculptures by Greg Wyatt, honors 19th-century painters who celebrated this region.

**Notes:** The Woodland Trail of Discovery requires sturdy shoes and proper tick

precautions. The trail itself is a loop, but there is an optional, steep stair descent down to Constitution Marsh.

**Fee:** \$12 adult, \$10 senior, \$6 child (5-18), free under age 5, \$35 family of four. Free for members and season pass holders.

**Difficulty:** Moderate

**Length:** 1.1 mile

**Duration:** 1 hour

**Not suitable for children under:** 5

**Additional equipment:** Please bring your own water and food. Pack-it-in, pack-it-out.

**Additional activities:** Insider tours of the Historic House Museum, a Neoclassical mansion with a renowned collection of 19th-century decorative arts.



### 46. Guided Tours of Historic Huguenot Street

**All Ramble Weekends 10:00AM**

**Historic Huguenot Street**  
81 Huguenot Street, New Paltz 12561  
(845) 255-1660

**frances@huguenotstreet.org**

Explore local history in pre-colonial and colonial America by taking an informative and

engaging guided tour of Historic Huguenot Street. You will learn about the regions indigenous peoples, archaeological discoveries and material culture, the early European settlers and the founding of New Paltz, the institution of slavery in New York, womens' history, and so much more. This year's tour path will take you inside of the replica Esopus Munsee wigwam, the original community burying ground and reconstructed 1717 French Church, and the and the early-18th century Abraham Hasbrouck House.

**Fee:** \$12 adult, \$10 senior, student, and members, free for SUNY New Paltz students, children 12 and under, veterans, and active military families as part of the Blue Star Museums program.



### 47. West Point Museum

**All Ramble Weekends 10:30AM**

**West Point Museum**  
2110 New South Post Road, USMA, West Point 10996  
(845) 938-3590  
**museum@usma.edu**

All visitors to the United States Military Academy are encouraged to tour the Museum to view the oldest and largest diversified public collection of militaria in the Western Hemisphere. The museum supports cadet academic, military, and cultural instruction. Its collections include nearly all aspects of military history and encompass the history of West Point and the United States Military Academy, the evolution of warfare, and the development of the American Armed Forces. Based upon captured British materials brought to West Point after the British defeat at Saratoga in 1777, the museum collections actually predate the founding of the United States Military Academy. When the Academy opened in 1802, many Revolutionary War trophies remained to be used for cadet instruction. By the 1820s, a teaching collection of artifacts existed at the Military Academy, and after the Mexican War (1846-1848) West Point was designated by Executive Order as the permanent depository of war trophies.

**Additional equipment:** Photo ID required for tour on-post at West Point. On-post tour has fee involved.



### 48. Walkway Over the Hudson Guided Tours

**All Ramble Weekends 1:00PM, 3:00PM**

**Walkway Over the Hudson**  
61 Parker Avenue, Poughkeepsie 12601  
87 Haviland Road, Highland 12528  
(845) 454-9649

**walkway@walkway.org**

Enjoy a guided group tour of this historic railroad bridge featuring stories about the past, present, and future of the Walkway. Appreciate breathtaking river and mountain

views, fresh air, and scenic Hudson Valley vistas. Learn detailed history about the bridge and surrounding area, and view interpretive signage and historic images. Tours are led by trained Walkway Ambassadors who are knowledgeable about the Walkway's construction, history, and reconstruction, as well as the Hudson River and surrounding areas.

**Notes:** It is a flat pedestrian bridge that is wheelchair accessible, dogs are permitted, as well as bikes.

**Difficulty:** Easy

**Length:** 1.28 miles

**Duration:** 1 hour

**Metro North station:** Poughkeepsie



### 49. Fall Family Day at the Catskills Visitor Center

**8/31 10:00AM**

**Catskills Visitor Center**  
5096 State Route 28, Mount Tremper 12457  
(845) 688-3369  
**info@catskillcenter.org**

Bring the whole family for this full day of kid-centered fun at the Catskills Visitor Center in the beautiful Catskill Mountains. Enjoy live music and interactive theater, hands-on art, and science activities, outdoor adventures on the trail, and lots more! Event ends at 3pm.



### 50. Woodstock-New Paltz Art & Crafts Fair

**8/31 9/1 9/2 10:00AM**

**Ulster County Fairgrounds**  
249 Libertyville Road  
New Paltz 12561  
**ola@quailhollow.com**  
845-516-4342

This end-of-summer fest, set underneath the breathtaking Shawangunk Ridge in the lively town of New Paltz, offers visitors one-on-one interactions with many of the country's finest artists and craftspeople. Shop from more than 200 juried exhibitors and engage in ongoing craft demonstrations, from wood-turning to alpaca fiber-spinning to brush painting to metal-smithing to soap-making and much, much more! A Hudson Valley favorite for nearly four decades, the Fair also features live entertainment by regionally-based musicians, the Valley's best wines, craft beer and spirits, and small-batch handcrafted specialty foods and healthcare products. End your summer in style by supporting handmade!

**Fee:** Adults \$10; Seniors \$9; Early Bird three-day weekend pass \$13 (online only; children under 12 FREE (Discount tickets and coupons at quailhollow.com)

**Additional Activities:** Complimentary and supervised drop-off children's tent dedicated to inspiring our youngest makers—who will also enjoy face-painting, interactive musical performances, wildlife shows, and more.

### 51. Collaborative Concepts at Saunders Farm 2019

**8/31 2:00PM, Rain Date 9/1 2:00PM**

**9/21 2:00PM, Rain Date 9/22 2:00PM**

**853 Old Albany Post Road, Garrison 10524  
(845) 528-1797  
collabconcepts@optonline.net**

The show, on a working cattle farm, presents temporary sited, outdoor sculpture that must be cow proof and cow friendly. For the two opening events, a taxi service will be available for touring part of the show between the Welcome Tent and Reception Tent, for those who have limited walking capability. On non-event days, maps will be provided at the entrance gate to the parking area. All gates to each field must be left as you find them, either open or closed. The entrance is immediately south of the 853 mail box. Event ends at 6pm.

**Duration:** 1 hour

**Not suitable for children under:** 5

**Additional equipment:** Visitors should wear walking shoes, bring sunscreen and hats. Bring water on warm non-event days.

**Additional activities:** August 31, we will also present performance art at various locations, plus music performances on the stage in Field VI. On September 21, we will present classical and popular music performances on the stage in Field VI.



### 52. Build Your Next Adventure with the Trail Conference Conservation Corps in Sterling Forest

**9/1 9/2 9/5 9/6 9/7 9/8 9/9 9/12 9/13**

**9/14 9/15 9/16 9/19 9/20 9/21 9/22 9/23 9/26**

**9/27 9/28 8:30AM**

**Sterling Forest State Park,  
Tuxedo Park 07430  
(201) 512-9348**

**hдарley@nynjtc.org**

Ever wonder how trails are built? If you aren't afraid to get a little dirty, this hands-on look at how great trails get their start is for you! Fridays and Saturdays through October 6, come hang out with one of our trail crews and we'll show you how awesome new trail experiences are created. Put in a few hours of sweat equity and help build your next trail adventure! You'll connect with nature, meet great people, and make a difference. Thursdays through Mondays, build your adventure in Sterling Forest State Park, Tuxedo.

**Registration:** nynjtc.org/events

**Not suitable for children under:** 14

**Additional equipment:** Please dress for a day of trail work—clothes/footwear, long sleeves and pants, closed-toe footwear, hat, sunglasses, sunblock, bug spray, lunch and snacks, reusable water bottle, and a day pack. Volunteers will be required to wear personal protective equipment, provided by the Trail Conference.





Esopus Meadows Walk and Wade

### 53. Build Your Next Adventure with the Trail Conference Conservation Corps in the Hudson Highlands

9/1 9/2 9/5 9/6 9/7 9/8 9/9 9/12 9/13  
9/14 9/15 9/16 9/19 9/20 9/21 9/22 9/23 9/26  
9/27 9/28 8:30AM

Hudson Highlands State Park Preserve, Cold Spring 10516  
(201) 512-9348

hdarley@nynjtc.org

Ever wonder how trails are built? If you aren't afraid to get a little dirty, this hands-on look at how great trails get their start is for you! Fridays and Saturdays through October 6, come hang out with one of our trail crews and we'll show you how awesome new trail experiences are created. Put in a few hours of sweat equity and help build your next trail adventure! You'll connect with nature, meet great people, and make a difference. Thursdays through Mondays, build your adventure in the Hudson Highlands State Park Preserve in Cold Spring.

**Registration:** nynjtc.org/events

**Not suitable for children under:** 14

**Additional equipment:** Please dress for a day of trail work—clothes/footwear, long sleeves and pants, closed-toe footwear, hat, sunglasses, sunblock, bug spray, lunch and snacks, reusable water bottle, and a day pack. Volunteers will be required to wear personal protective equipment, provided by the Trail Conference.



### 54. Hurds Family Farm Cornmaze

9/1 9/7 9/8 9/14 9/15 9/21 9/22  
9/28 9/29 9:00AM

Hurds Family Farm: Meet at Historic Dutch Barn

2187 State Route 32, Modena 12548  
(845) 883-7825

information@hurdsfamilyfarm.com

Welcome to Hurds! Join us for a cornmaze adventure to celebrate 125 years as a family farm, 25 years as an agritourism destination,

and 10 years as a Hudson River Valley Ramble cornmaze challenge! You'll love the Wild Apple Obstacle Course using recycled and repurposed farm equipment, tires, pallets, barrels, and even a farm truck. Come with friends and family to wander the new 2019 apple-themed maze. Pick up the maze map to help locate the checkpoint stations, or just walk and you'll discover photo ops where you can be creative and create your own memories! Build spirit, relationships, and strength as your group meanders along the pathways. Maze has a mini loop for kids to follow their ABCs and discover Pride of New York foods grown by farm families for their dinner table! Healthy lunch cafe, fresh cider, apple cider donuts. Apples and pumpkins to harvest.

**Notes:** Clear pathways wide enough for wheelchairs and people walking side by side through 10-foot-tall cornfield! However, you must wander through varied terrain and along boardwalks to get to location.

**Fee:** Call for info

**Difficulty:** Easy

**Length:** 1 mile

**Duration:** 1.5 hours



### 55. Bannerman's Island Walking Tour

9/1 9/8 9/21 10:00AM

9/2 9/29 2:00PM

Storm King Adventure Tours

4 Duncan Avenue, Cornwall-on-

Hudson 12520

(845) 534-7800

info@stormkingadventuretours.com

Step foot onto Pollepel Island to visit the famous Bannerman's Castle! Begin your adventure by taking a leisurely paddle across the Hudson River, then circle the island by kayak before stepping ashore. A historian will lead a walking tour to share a narrated history of the arsenal. Guests are advised to bring a light lunch or snack that they can enjoy while taking in the stunning views of the Hudson River from the Bannerman residence. As part of our ongoing collaboration with

the Bannerman Castle Trust, these tours help contribute to their preservation efforts of the site.

**Registration:**

stormkingadventuretours.com

**Fee:** \$120

**Difficulty:** Moderate

**Length:** 2.5 miles

**Duration:** 4 hours

**Not suitable for children under:** 12

**Additional equipment:** Paddlers should wear comfortable, quick-drying (non-cotton) clothes and shoes that can get wet. Bring sunglasses, sunscreen, camera, a light lunch, and plenty of drinking water.



### 56. Denning's Point Kayak Tour

9/1 9/22 9/29 10:30AM

Long Dock Park

23 Long Dock Road, Beacon 12508

(845) 831-1997

katy@mountaintopsoutfitters.com

This is a guided kayak paddle from Long Dock Park heading south to Denning's Point. Participants will be able to get out at Denning's Point to enjoy the beach and eat or may continue around the point into the Fishkill Creek.

**Notes:** There will be an opportunity to get out of the water so please wear footwear that can be worn in the water. Plan on getting a little wet. No jeans! Dress like you are going to the beach!

**Registration:** At least four days prior to event

**Fee:** \$50

**Difficulty:** Moderate

**Length:** 2.5 miles

**Duration:** 2 hours

**Not suitable for children under:** 12

**Additional equipment:** Dry bags are limited. Please put items such as phones in zip lock bags for extra protection. Bring lunch. Boats provided.

**Metro North station:** Beacon



### 57. Norrie Point Kayak Tour

9/1 9/7 9/14 9/15 12:00PM

Norrie Point Paddlesport Center

1 Norrie Way, Staatsburg 12580

(845) 246-2187

info@atlantickayaktours.com

A tour of the Hudson River from Norrie Point and visiting nearby spots like Esopus Island, Bard Rock, and Black Creek Preserve. Perfect for beginners, this trip includes use of a sea kayak and all gear. Experienced guides will help participants improve their paddling skills. Wildlife, scenic vistas, and historic sites along the paddle route will be featured.

**Notes:** Waters are usually calm, but wind, waves, and boat wakes are possible.

**Registration:** Two days prior at atlantickayaktours.com

**Fee:** \$60

**Difficulty:** Moderate

**Length:** 4 miles

**Duration:** 3 hours

**Not suitable for children under:** 12

**Additional equipment:** Bring water, sunscreen and a hat. It's best to wear non-cotton clothing like poly or nylon. Boats provided.



### 58. Bannerman's Island Kayak Tour

9/1 9/8 2:30PM

9/2 9/15 9/22 9/29 10:00AM

9/7 9/28 1:30PM

9/14 2:00PM

Storm King Adventure Tours

4 Duncan Avenue, Cornwall-on-

Hudson 12520

(845) 534-7800

info@stormkingadventuretours.com

Step foot onto Pollepel Island to visit the famous Bannerman's Castle! Begin your adventure by taking a leisurely paddle across the Hudson River, then circle the island by kayak before stepping ashore. A historian will lead a walking tour to share a narrated history of the arsenal. Guests are advised to bring a light lunch or snack that they can enjoy while taking in the stunning views of the Hudson River from the Bannerman residence. As part of our ongoing collaboration with the Bannerman Castle Trust, these tours help contribute to their preservation efforts of the site.

**Registration:** stormkingadventuretours.com

**Fee:** \$70

**Difficulty:** Moderate

**Length:** 4.5 miles

**Duration:** 3 hours

**Not suitable for children under:** 12

**Additional equipment:** Paddlers should wear comfortable, quick-drying (non-cotton) clothes and shoes that can get wet. Bring sunglasses, sunscreen, and camera, and plenty of drinking water. Boats provided.



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845.889.8851 Staatsburg, NY Facebook.com/StaatsburghSHS





Wilderstein House Tour

### 59. Sunset Kayak Tour

**9/1 9/6 9/7 9/8 9/20 9/22 5:00PM**  
**9/27 9/28 9/29 4:30PM**

Storm King Adventure Tours

4 Duncan Avenue, Cornwall-on-Hudson 12520

(845) 534-7800

info@stormkingadventuretours.com

There are few better ways to end the day than out on the river enjoying a spectacular Hudson Valley sunset. Your destination is determined by the tides, so expect the unexpected! Retreat to the peaceful Moodna Marsh or venture to the still waters surrounding Bannerman's Island, then rest your paddle and enjoy front row seats as the sky starts to change color and the sun sets below the horizon. Make your way back in the stillness of the waning light.

**Registration:**

stormkingadventuretours.com

**Fee:** \$70

**Difficulty:** Easy

**Length:** 3.5 miles

**Duration:** 3 hours

**Not suitable for children under:** 12

**Additional equipment:** Paddlers should wear comfortable, quick-drying (non-cotton) clothes and shoes that can get wet. Bring sunglasses, sunscreen and camera, and plenty of drinking water. Boats provided.



### 60. Holiday Hike—oop Around the Lake for Families at Sam's Point

**9/2 10:00AM, 1:00PM**

Sam's Point Area of Minnewaska State

Park Preserve

400 Sam's Point Road, Cragsmoor 12420

(845) 647-7989

laura.davis@parks.ny.gov

On our way to Lake Maratanza, we will stop at the Sam's Point Overlook where on a clear day there is a great view of the Wallkill Valley, the Catskills, and much more. Children must be accompanied by a parent or guardian over the age of 18. Meet at the Sam's Point Visitor Center.

**Registration:** By phone

**Fee:** \$10 parking fee

**Difficulty:** Moderate

**Length:** 3 miles

**Duration:** 2 hours



### 61. Pride of the Hudson Narrated Sightseeing Cruise

**9/4 9/6 9/7 9/8 9/11 9/12 9/13 9/14 9/15**  
**9/20 9/21 9/22 9/25 9/27 9/28 9/29 1:00PM**

**9/5 9/18 9/26 2:30PM**

**9/18 10:00AM**

Blu Pointe Landing Dock

Front Street, Newburgh 12550

(845) 220-2120

info@prideofthehudson.com

Join us aboard the Pride of the Hudson for a cruise through the majestic Hudson Highlands! Bask in the open air on the spacious sundeck or enjoy the comfort of our climate-controlled main salon featuring huge wrap-around windows. Our friendly and professional crew will respond to all of your needs. Your adventure will begin at Blu Pointe Landing in Newburgh. Your Captain will present a narration of the sights along the way.

**Registration:** prideofthehudson.com

or by phone

**Fee:** \$24 adult, \$22 senior, \$18 child (4-11),

Free 3 and under

**Additional activities:** During sightseeing cruises, we provide a narration aboard giving information and history of sites being passed. Snack bar/bar/souvenirs available for purchase aboard.



### 62. Walking Tour of Public Art in Poughkeepsie

**9/7 9:00AM, Rain Date 9/14 9:00AM**

12 Vassar Street, Poughkeepsie 12572

(845) 516-4758

francpalaia1@gmail.com

This is a guided walking tour led by noted artist and muralist, Franc Palaia of public art in Poughkeepsie. The leisurely tour includes over 35 indoor and outdoor murals, sculptures, historical monuments, architecture in a three-block area of downtown Poughkeepsie. The tour highlights several New Deal-era murals commissioned by FDR, large-scale contemporary murals, 9/11 and Vietnam monuments, one sculpture park, and several very new graffiti style street art wall works.

**Registration:** Phone or email by 9/1

**Fee:** \$20 adult, \$15 senior, \$10 student, groups over 10 people \$15 each

**Not suitable for children under:** 14

**Portion wheelchair accessible:** The only portion not wheelchair accessible is the US Post Office building.

**Metro North station:** Poughkeepsie



### 63. Heart of the Hudson

Valley Farm Tour

**9/7 9/14 9/21 9/28 10:00AM**

1801-1805 Route 9W, Milton 12547

(845) 616-7824

meetmeinmarlborough@earthlink.net

Come "Meet Me in Marlborough" to taste, sip, discover, and experience the bounty along the Marlborough Farm Trail that has been voted #1 in the Hudson Valley. Follow the Meet Me in Marlborough Farm Trail signs located along Route 9W and the country roadsides to enjoy a fun-filled day at the pick your owns, farmer's markets, wineries, distilleries, historical sites, spas, eclectic shops, restaurants, cafes, deli's, and find entertainment, festivals, special events. Extend your visit with overnight accommodations at a relaxing B&Bs. View the incredible working landscapes that thrive on the banks of the Hudson River, throughout our valley and along the majestic mountainsides. Visit the MMiM website to download a brochure and map and/or use the online trip route to help guide you along the way.



### 64. Make Your Own Mushroom Log

**9/7 10:00AM**

Sam's Point Area of Minnewaska State Park Preserve

400 Sam's Point Road, Sam's Point Area

Minnewaska State Park Preserve,

Cragsmoor 12420

(845) 647-7989

laura.davis@parks.ny.gov

Join us for this hands-on workshop and learn how to grow your own edible mushrooms! During the program we will discuss how native fungi function in the ecosystem. Then, we will learn about the processes of both indoor and outdoor mushroom cultivation through a hands-on workshop. We will be inoculating logs for outdoor cultivation, as well as inoculating containers to be grown inside your home. Once completed, the logs and containers are yours to bring home where you can watch them flourish! Children must be accompanied by a parent or guardian over the age of 18.

**Registration:** By phone

**Fee:** \$10 vehicle fee

**Duration:** 3 hours



### 65. Moodna Marsh Kayak Tour

**9/7 9/14 9/28 9/29 10:00AM 9/15 2:00PM**

**9/21 2:30PM 9/22 1:30PM**

Storm King Adventure Tours

4 Duncan Avenue, Cornwall-on-

Hudson 12520

(845) 534-7800

info@stormkingadventuretours.com

This remote tour is ideal for bird watchers and those who enjoy close observation of local flora and fauna. Begin this tour on the beautiful Hudson River as we make our way north along the shoreline, then duck under a railroad trestle and enter the mouth of the Moodna. Your guides will lead you through the marsh, meandering in and out of channels. With ever-changing water levels, tides, and rainfall, each tour to Moodna Marsh is different, but always enchanting. You may even spot one of the local bald eagles that

nest near the marshlands!

**Registration:** stormkingadventuretours.com

**Fee:** \$70

**Difficulty:** Moderate

**Length:** 4.5 miles

**Duration:** 3 hours

**Not suitable for children under:** 12

**Additional equipment:** Paddlers should wear comfortable, quick-drying (non-cotton) clothes and shoes that can get wet. Bring sunglasses, sunscreen and camera, and plenty of drinking water. Boats provided.



### 66. Discover Phillies Bridge Farm Project

**9/7 11:00AM**

Phillies Bridge Farm Project

45 Phillies Bridge Road, New Paltz 12561

(845) 256-9108

info@philliesbridge.org

The farm stand is open from 9am-12pm, where you can purchase farm-fresh produce. At 11am, sample the bounty of Phillies Bridge Farm with a tasting session. You will be able to try an array of naturally preserved pickles, dried fruits, jams, jellies, and more. Plus, learn about food preserving from Phillies Bridge Farm's expert, Susan Loxley-Friedle. At noon, enjoy a beautiful kid-friendly 1.5-mile nature walk led by one of the Phillies Bridge Board members. No dogs please.

**Registration:** Phone or email

**Portion wheelchair accessible:** The tasting is accessible, but not the trail.



### 67. Stockade National Historic District Walking Tour

**9/7 1:00PM**

Corner of Wall and Main Streets

63 Main Street, Kingston 12401

(845) 339-0720

fohk@verizon.net

Following the street plan designed by Peter Stuyvesant in 1658, the tour walks the heart of the largest intact early Dutch settlement in New York State and the neighborhood where New York State was born in 1777. Walking tour highlights include viewing the many 18th-century limestone houses still standing in the Stockade District, and visiting the site of the drafting of the New York State Constitution in 1777 and the gravesite of New York's first elected governor, George Clinton, in the Old Dutch Church Burying Ground.

**Fee:** \$10 adult, \$5 child under 16

**Difficulty:** Easy

**Length:** 1 mile

**Duration:** 1.5 hours

**Not suitable for children under:** 12

**Portion wheelchair accessible:** Most sidewalks are accessible, but there are some uneven surfaces. First floor only of the house tour is accessible.

**Additional equipment:** Walking shoes.

**Additional activities:** Included is a tour of the interior of the c. 1812 Johnston House, the former home and showroom of nationally noted antiques dealer Fred J. Johnston.



### US SENATOR

Charles E. Schumer



“

As summer comes to a close and

we begin to reveal in the majestic autumn colors as they blanket the Hudson Valley, foliage and overall majesty that amplify the beauty of this great region, we are also reminded of the history and heritage that have brought us here today. We are so lucky to have an unparalleled amount of natural beauty and cultural significance surrounding us here in the Hudson River Valley, and it must be celebrated. Over the years, I have worked to develop new opportunities along the Hudson River for residents and tourists alike. Whether it be the Walkway Over the Hudson, a rail trail throughout Dutchess and Ulster Counties, a bike path from Cold Spring to Beacon, or sustainable waterfront development, the time is now to harness the unending beauty and power of the Hudson River. The Hudson River Valley Ramble is yet another opportunity to bring tourists to the region, offer exciting events for our neighbors, and showcase everything the river and region have to offer. I will continue to work on preserving and promoting this event and the Hudson River. Thank you to everyone at the Hudson River Valley Greenway who worked so hard to put this together and to all of those who attended the events.”

### 68. Revolutionary War Headquarters Site

**9/7 9/8 9/14 9/15 9/21 9/22**  
**9/28 9/29 1:00PM**

Van Wyck Homestead Museum

504 Route 9, Fishkill 12524

(845) 896-9560

fhsinfo@yahoo.com

The Van Wyck Homestead was built in 1732, and enlarged to its present size in 1757. It is one of the oldest homes in Dutchess County. During the American Revolution the home was used as an Officers' Headquarters for the Fishkill Supply Depot soldiers' encampment (October 1776-October 1783). Dozens of notable Revolutionary War heroes visited the Homestead, including George Washington, Alexander Hamilton, John Jay, and Marquis de Lafayette to name a few. Last tour starts at 3pm.

**Fee:** Donations are appreciated.

**Additional activities:** Guided tours (about one-hour long) will be given from 1-4pm Saturday and Sunday. Last tour is at 3pm. Revolutionary War era documents and artifacts are on display.







**US SENATOR**  
Kirsten Gillibrand

**“** I am proud to call the Hudson River Valley my home. This

region is one of our country's great treasures, where families from across New York, all 50 states, and around the world can come explore, relax, and enjoy the endless recreation the area has to offer. The Hudson River Valley Ramble is a wonderful tradition that honors this beautiful part of our state and our shared heritage as New Yorkers. The Hudson River Valley fuels our state's economy with good-paying jobs and year-round tourism, and I will always work to preserve the beauty and tradition of our home.”

**69. Fisher Center at Montgomery Place**  
**9/7 9/21 2:00PM 9/13 9/20 6:00PM**  
Montgomery Place, Bard College  
26 Gardener Way, Red Hook 12571  
(845) 758-7900  
chammons@bard.edu

An autumn series of free, outdoor programming for all ages! The Fisher Center at Bard presents a second season of free, outdoor events on the grounds of Montgomery Place, a National Historic Landmark overlooking the Hudson River: a puppet circus extravaganza, music from the border and beyond, and two film screenings under the stars set against the backdrop of the river bank. September 7 there will be a performance. September 13 and 20 there will be film showings, and September 21 there will be live music.

**Registration:** Phone or email

**Additional equipment:** Some seating provided, blankets and lawn chairs permitted.

**Additional activities:** Food and drink available for purchase from local vendors. Additional activities to be announced.



**70. Hudson Valley Sunset Kayak Tour**  
**9/7 9/14 9/21 9/28 5:00PM**  
61 South Partition Street, Saugerties 12477  
(845) 532-7797  
ipaddlenewyork@aol.com

We start with a quick lesson before launching into the calm waters of the Esopus Creek. We'll talk about some of the rich history as we paddle down to take a quick peek at the Cantine Falls before heading out by the Saugerties Lighthouse and into the Hudson River where we'll enjoy a snack as the sun sets behind the Catskill Mountains! We'll enjoy the birds, beaver, and all of nature as we return by twilight.

**Registration:** Phone or email

**Fee:** \$45

**Difficulty:** Easy

**Length:** 3 miles

**Duration:** 2 hours

**Not suitable for children under:** 12

**Additional equipment:** Participant should wear shoes that they don't mind getting wet. Boats provided.



**71. 10th Annual Prostate Walk Across the Hudson River**

**9/8 9:00AM**

Walkway Over the Hudson State Historic Park, Highland  
(845) 481-0535

scapozzoli@premiercaresfoundation.org

Join hundreds of people as we come together to fight prostate cancer and support those who have been affected by it. Together, we will walk the width of the majestic Hudson River and return to the Highland side for a small celebration. This is an exhilarating and beautiful Hudson Valley tradition. Join us and soak up the views of the Hudson Valley, the River, and the magnificent landscape!

**Notes:** The Walkway Over the Hudson is high above the water, but safe and beautiful.

**Registration:** premiercaresfoundation.org or at the door

**Fee:** \$25

**Difficulty:** Easy

**Length:** 2 miles

**Duration:** 1 hour



**72. What You See and What You Don't See**

**9/8 9/22 1:00PM**

Staatsburgh State Historic Site  
(Mills Mansion)

Old Post Road, Staatsburg 12580

(845) 889-8851 x 338

donald.fraser@parks.ny.gov

In 1895, Staatsburgh's landscape architect designed glorious grounds that showcased the good life in the Gilded Age. But the landscape was also designed to hide from view the turn-of-the-century technology and labor that made the estate run. Enjoy a leisurely guided stroll through the historic grounds as we explore what you see...and what you don't see.

**Not suitable for children under:** 8



**73. Ice Age History of Hyde Park**

**9/8 2:00PM**

Wallace Center

4079 Albany Post Road, Hyde Park 12538

(518) 821-9997

titusr@hartwick.edu

All of the Roosevelt Museum property was built upon an Ice Age delta where Crum Elbow Creek flowed into an Ice Age lake called Glacial Lake Albany. We will wander the grounds and see the geological record of this lake and the river that flowed across it.

**Notes:** Level lawn

**Registration:** Email by 9/7

**Difficulty:** Easy

**Length:** 1 mile

**Duration:** 2 hours

**Not suitable for children under:** 8

**Additional activities:** There are tours of Springwood, the Roosevelt family mansion, and Roosevelt Museum.



**74. Flashlights & Full Moon: A Night Time Nature Walk**

**9/13 6:30PM**

Winnakee Nature Preserve

Terwilliger Road Entrance, Hyde Park 12572

(845) 876-4213 x4

contact@winnakee.org

What better way to explore the Winnakee Nature Preserve than under a full moon! Night hikes are an adventure: the darkness hides familiar landmarks, depth perception becomes a guessing game, and a whole new set of animals comes out to play.

**Notes:** Dirt-surfaced wooded trails with rolling hills.

**Registration:** winnakee.org by 2pm, 9/13

**Difficulty:** Moderate

**Length:** 1.3 miles

**Duration:** 1 hour

**Additional equipment:** Please wear sturdy hiking boots or above-ankle walking shoes. Bring a flashlight or headlamp, and bring layers, as it could get chilly.



**75. Migrating Birds at John Burroughs' Slabsides**

**9/14 8:00AM**

John Burroughs Nature Sanctuary

at Slabsides

Burroughs Drive off Floyd Ackert, West

Park 12493

(845) 384-6556

info@johnburroughsassociation.org

Birds were the first love of naturalist John Burroughs when he was writing at the turn of the 20th century. Then, as now, the land surrounding his cabin Slabsides was abundant with bird life and at this time of year migrating songbirds en route to wintering grounds in South America are stopping off. Discover the richness of tree-top bird life through sight and song with Mark DeDea, president of our sister organization, the John Burroughs Natural History Society. Beginning birders through advanced are welcome. Follow Path Through History signs from Route 9W in West Park. Meet on Burroughs Drive at Slabsides entrance.

**Notes:** Generally even terrain on well-developed trails, many with stone pathways and steps.

**Difficulty:** Easy

**Length:** 1 mile

**Duration:** 3 hours

**Not suitable for children under:** 10

**Additional equipment:** Wear sturdy shoes and dress for the weather. Bring binoculars, if you have them, and water.

**Additional activities:** Tour John Burroughs' 1895 rustic cabin "Slabsides," a National Historic Landmark and Hudson River Valley National Heritage Site of Special Interest. Cabin open until 4pm.



**76. Fall Into Rowing with Mid Hudson Rowing Association**

**9/14 9/15 9:00AM**

Hudson River at Poughkeepsie

270-272 North Water Street,

Poughkeepsie 12601

ltr@midhudsonrowing.org

Experience first-hand the joys of recreational rowing on our magnificent Hudson River. This two-session learn-to-row class is perfect for the beginning rower. The first session is an indoor tank session where you will learn the basics of rowing from our certified coaches. In the second session, weather permitting, you will row on the river with support from our club members and coaches. Experience the Hudson, row it with MHRA. Event will be held rain or shine. Ends at 11am.

**Notes:** 1st session is an on-land tank session. 2nd session is on the river—unless weather conditions are too rough. Not suitable for non-swimmers.

**Registration:** Email by 9/7

**Fee:** \$60 for both days

**Difficulty:** Moderate

**Length:** variable miles

**Duration:** 2-2.5 hours each day hours

**Not suitable for children under:** 14. Children between 14 and 18 must be accompanied by a participating adult.

**Additional equipment:** Bring water bottle, sunscreen, and hat. Wear comfortable non-cotton clothing that will keep you warm if wet. Avoid loose-fitting clothing that could interfere with rowing equipment. Boats provided.

**Metro North station:** Poughkeepsie



**77. Fall Foliage Paddle**

**9/14 9:30AM**

Kingston Point Beach

50 Delaware Avenue, Kingston 12401

(845) 481-7336

kckeegan@kingston-ny.gov

Paddle the Hudson River during one of the most scenic times of the year. This paddle launches from Kingston Point Beach. The trip includes instruction, equipment, and guide.

**Notes:** Launch from a sheltered cove off beach, paddle is mainly along shoreline in shallow calm waters.

**Registration:** Register by 9/13 at kingstonparksandrec.org or by phone

**Fee:** \$40 per person, \$30 Kingston residents, children, and those who provide their own kayak equipment.

**Difficulty:** Easy

**Length:** 2.5 miles

**Duration:** 2 hours

**Not suitable for children under:** 5

**Additional equipment:** Boats provided.



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### 78. Great Wallkill River Race

**9/14** 10:00AM, Rain Date **9/15** 10:00AM  
Sojourner Truth Park  
55 Plains Road, New Paltz 12561  
(845) 256-9316  
marthascheo@gmail.com

A fun race to get people out on the Wallkill River, to enjoy the scenic beauty and serenity of being on a flat-water, slow-moving river. Children are welcome with adult supervision. There will be different race categories, such as recreational kayak, canoe, racing kayak, or other craft. Racers will launch from Sojourner Truth Park in New Paltz. The race will begin at the Route 299 bridge, head downstream 0.5 mile to the River to Ridge site, and return to finish at the same starting point.

**Notes:** Half mile with the current, then turn around and half mile against the current.

**Registration:** Email by 9/9

**Fee:** \$25 plus kayak rental

**Difficulty:** Easy

**Length:** 1 mile

**Duration:** 1 hour

**Not suitable for children under:** 5

**Additional equipment:** Boats and PFDs (required) are provided for an extra fee. Racers can bring their own kayak, canoe, or other craft. Bring lunch. Boats provided.

**Additional activities:** There will be a mini festival at the end with prizes, live music, picnicking, some food available for purchase, and environmentally-oriented educational booths and activities for children. There will be different heats, starting at staggered times. Depending on how many people register, the event will end between 1-3pm.



### 79. Guided Public Canoe Trip at Constitution Marsh Audubon Center and Sanctuary

**9/14** 10:30AM  
Constitution Marsh Audubon Center and Sanctuary  
127 Warren Landing Road, Garrison 10524  
(845) 265-2601  
cmacs@audubon.org

Join us at Constitution Marsh Audubon Center to explore the natural beauty and diversity of this unique area.

**Registration:** Phone or email by 9/13

**Fee:** \$45 adult, \$40 senior, student, and Audubon member, \$30 child (age 7-15)

**Difficulty:** Moderate

**Length:** 1 mile

**Duration:** 2 hours

**Not suitable for children under:** 7

**Additional equipment:** Please bring water and sun protection. Boats provided.



### 80. Gravestone Cleaning Workshop at Fostertown Cemetery

**9/14** 11:00AM, Rain Date **9/15** 11:00AM  
Fostertown Cemetery  
24 North Fostertown Road,  
Newburgh 12550  
(845) 360-6978  
nnazzaro@orangecountygov.com

Expert Marianne Greenfield, proprietor of Gravestone Cleaning Service, will instruct 16 participants on the proper techniques of caring for gravestones. She will begin with a quick talk about the only recommended method of cleaning and then the hands-on portion of the workshop begins. Expect to get

dirty—the results will be worth it!

**Registration:** Email by 9/10

**Not suitable for children under:** 12

**Additional equipment:** Each participant is asked to bring a new clean plastic pail, new nylon or plastic bristle scrub brush (be sure it fits in your hand in the pail), one pair of new unused wooden chopsticks, drinking water, insect repellent, and bag lunch or snack. Pail and brush can be purchased from dollar store.

### 81. Landscape and Landmarks Tour

**9/14** 11:30AM  
Boscobel House and Gardens  
1601 Route 9D, Garrison 10524  
(845) 265-3638  
ldaisley@boscobel.org

Landscape and Landmarks Tours celebrate Boscobel's iconic Hudson River site and the preservation efforts that helped save it. Each outdoor walking tour shares stories about Boscobel's extraordinary location overlooking the Hudson River, Constitution Marsh, and the US Military Academy at West Point. Rain or shine. Funded in Part by the Hudson River Valley National Heritage Area.

**Fee:** Donation suggested.

**Duration:** 30 minutes

**Not suitable for children under:** 5

**Additional activities:** Insider tours of the Historic House Museum, a Neoclassical mansion with a renowned collection of early 19th-century decorative arts. Access to 68 acres of gardens and grounds, including the Frances S. Reeses Woodland Trail of discovery, a tranquil mile through the forest. The Hudson River School Artists Garden, with sculptures by Greg Wyatt, honors 19th-century painters who celebrated this region.



### 82. Science on the River

**9/14** 1:00PM  
Norrie Point Environmental Center  
256 Norrie Point Way, Staatsburg 12580  
(845) 889-4745 x106  
james.herrington@dec.ny.gov

Enjoy a live birds of prey program. Help fish the waters around Norrie Point to find out who lives there. See how the types of organisms living in a stream indicate its health. Learn what "SAV" means and why it's important to the river. Canoe a tidal marsh of the Hudson (weather- and space-permitting). Also, many games and activities are planned especially for our youngest visitors.

**Duration:** 3 hours

**Portion wheelchair accessible:** Canoe trips will be offered.



### 83. Cary Institute Forest Ecology Walk

**9/15** 10:00AM  
Cary East (Gifford House) Parking Area  
2917 Sharon Turnpike, Millbrook 12545  
(845) 677-7600 x121  
freemanp@caryinstitute.org

Join Cary Institute forest ecologist Dr. Charles Canham for an interpretive walk along the Wappinger Creek Trail. While exploring our forests, fields, and wetlands, Dr. Canham will discuss how land use has transformed Hudson Valley landscapes. Discover how current forest composition is a reflection of past farming practices, and how the future forest will be influenced by climate change, pests and pathogens, and air pollution.

**Notes:** Hiking trails with some uneven rocky surface.

**Registration:** caryinstitute.org/events

**Difficulty:** Moderate

**Length:** 2 miles

**Duration:** 2 hours

**Additional equipment:** Participants should bring drinking water and wear hiking shoes or boots.



### 84. The Stone Chambers of Mead Farm

**9/15** 10:00AM  
Meet at 1090 Route 52, Carmel  
(Dunkin Donuts)  
(914) 274-0449

steinberg\_david@hotmail.com

Colonial constructions, ancient sacred sites, or UFO bases? We will seek out three mysterious stone chambers of unknown origin or date of construction, located on New York City watershed lands. We'll also visit a balanced rock and the enigmatic Hawk Rock glacial erratic. Led by David A. Steinberg, author of *Hiking the Road to Ruins*. Signed copies of the book will be available for purchase.

**Notes:** Foot trails and eroded abandoned roads, some bushwhacking, no major elevation changes.

**Difficulty:** Moderate

**Length:** 4 miles

**Duration:** 4 hours

**Additional equipment:** Must have a free DEP permit, available here: a826-web01.nyc.gov/recpermitapp. Bring bug spray and lunch.



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### 85. Saugerties Hudson River Paddle

**9/15** 10:00AM  
Glasco Mini Park  
Albany Street, Glasco 12432  
(315) 527-8478  
barrettinclinton@gmail.com

Paddle the Hudson River near Saugerties and visit Scenic Hudson's Falling Waters Preserve and the Saugerties Lighthouse. Arrive 15 minutes early.

**Notes:** Areas where we plan to get out of kayaks/canoes are flat but may have some rocks. Nothing unusual for paddlers with some experience. Launch site is a boat ramp.

**Difficulty:** Moderate

**Length:** 4 miles

**Duration:** 4 to 5 hours

**Not suitable for children under:** 6

**Portion wheelchair accessible:** Launch site is accessible. Landing areas are not.

**Additional equipment:** Bring snack, lunch, water, hat, sunscreen, footwear for walking, PFD required. This "Big Water" requires minimum boat length 13.5 ft and dual bulkheads or flotation devices in bow and stern. Canoes do not come under these big water requirements.

**Additional activities:** Walk to small but beautiful waterfall and eat lunch on dock at Saugerties Lighthouse in middle of Hudson River.





“Learned a lot in a beautiful setting! Great, knowledgeable guide and friendly group.”  
— James R.

**86. Taste of New Paltz**

**9/15 11:00AM**  
Ulster County Fairgrounds  
249 Libertyville Road, New Paltz 12561  
(845) 255-0243  
kati@newpaltzchamber.org

Join us to celebrate local shops, producers, and restaurants. A selection of craft beverages will also be served. It's a full flavor of everything that is New Paltz—from restaurants to food trucks to craft vendors. It's a great way for the local community and for the people from outside of New Paltz to get to see what the town is up to in all realms of business. This is our second year to feature a "Best of the Taste" competition in three categories: Best Food Truck, Best Restaurant, and Best Winery/Distillery. In addition to a bunch of free kids activities, like face-painting and arts and crafts, there will also be health and wellness practitioners, live music, and demonstrations throughout the day.



**87. LaGrange Wappinger Creek Greenway Trail Walk**

**9/15 2:00PM**  
87 Sleight Plass Road, Poughkeepsie 12603  
(845) 554-9166  
m2htoo@yahoo.com

Enjoy a walk in a serene woodland setting on a beautiful nature trail that winds for over a mile along the banks of the Wappinger Creek under a canopy of sycamore, oak, maple,

hickory, cottonwood, and other trees. Park at the Sleight Plass Road trail entrance and meet your guides by the sign "Wappinger Creek Greenway Trail."

**Notes:** Mostly flat grassy footpath, some roots, possibly some muddy spots if it rained in the days prior to the event.

**Registration:** Phone or email by 9/14

**Difficulty:** Easy

**Length:** 2.75 miles

**Duration:** 2 hours

**Not suitable for children under:** 6

**Additional equipment:** Bring water and insect repellent. Wear long sleeve shirt, pants, and sturdy footwear.



**88. Guided Tour of the D&H Canal Five Lock Walk**

**9/15 9/29 2:00PM**

23 Mohonk Road, High Falls 12440  
(845) 687-2000

info@canalmuseum.org

Come to the D&H Canal Museum in High Falls, and take a free guided tour of the national historic landmark Five Lock Walk. See five restored locks from the final 1852 enlargement of the D&H Canal, the first million-dollar private enterprise in US history. The Canal ran for 108 miles from Honesdale, Pennsylvania to Rondout, New York to bring coal from Carbondale, Pennsylvania to New York City, running from 1828 through 1898. The canal fueled the industrial revolution in America and helped make New York the world's largest city. It informed the 19th-century history of all the towns along its route.



**89. Hudson River Seining & Aquatic Life**

**9/21 10:00AM**

Kowawese Unique Area

90 Plum Point Lane, New Windsor 12553

(845) 297-8935

trlake7@aol.com

In the shadow of Storm King Mountain, we will sample the inshore shallows at Kowawese with a beach seine to see "who" (fish and shellfish) is home today. We may see a bald eagle from time to time, Osprey, and perhaps the start of the autumn Monarch butterfly migration. Bring swimwear to participate.

**Portion wheelchair accessible:** There is a ramp to the beach to within 100 feet of the event.



**90. Sterling Forest Fire Tower Ramble**

**9/21 11:00AM**

Sterling Forest State Park

116 Old Forge Road, Tuxedo 10987

(845) 351-5907

barbara.kohlberger@parks.ny.gov

The Fire Tower Ramble is a moderate hike loop highlighted by scenic views of Sterling Forest. Hikers are able to observe the surrounding Hudson Highlands from a 60-foot fire tower built in 1922.

**Notes:** Trails can be steep and rocky, so please wear sturdy hiking shoes.

**Registration:** Call by 9/20

**Difficulty:** Moderate

**Length:** 4 miles

**Duration:** 4 hours

**Not suitable for children under:** 10

**Additional equipment:** Bring water and a snack.



Walking Tour of the Vassar Farm and Ecological Preserve

**91. Biodiversity Celebration**

**9/21 11:00AM**

Trailside Museums & Zoo

Bear Mountain State Park, Bear

Mountain 10911

(845) 786-2701 x293

chris.osullivan@parks.ny.gov

Come to Trailside Museums & Zoo and learn about biodiversity and local habitats! Visit our pond, river, forest, woodland pool, grassland, and rocky summit habitat stations to complete your Habitat Passport. When you complete the activity at each station, you will get a stamp. Collect all stamps and win a prize, while discovering ways you can help protect and provide habitat for wildlife.

**Fee:** \$10 parking fee



**92. Art Walk Kingston**

**9/21 9/22 12:00PM**

Kingston 12401

(845) 454-3222

artwalkkingston@gmail.com

Art Walk Kingston is a celebration of the arts and the local community. Over the course of two days, visitors and local residents are invited to explore three distinct areas of the city of Kingston and immerse themselves in a range of art and events. Paintings, photographs, and sculptures are just some of the mediums that will be on display at home studios and galleries. During the 2018 studio tour over 130 artists were on display at more than 60 locations throughout the city, making this event the largest open studio tour in the Hudson River Valley. Whether you have a few hours, or a full day, the event weekend will offer a broad range of art and activities. Event

ends at 5pm.

**Notes:** City streets

**Difficulty:** Easy



**93. Citizen Science Phenology Hike**

**9/21 1:00PM**

Sam's Point Area of Minnewaska State Park Preserve

400 Sam's Point Road, Cragmoor 12420

(845) 647-7989

laura.davis@parks.ny.gov

When do the flowers bloom? When do the leaves fall? We are very curious to find out! In this program, you will learn all about phenology, the study of how plants and animals change throughout the seasons, while working as a citizen-scientist to collect information about the plants in our park. Along this carriage road, you will encounter a variety of flowers, ferns, shrubs, and trees which change as you move up in elevation. Meet at the Sam's Point Visitor Center. Pre-registration is required by calling Sam's Point at (845) 647-7989.

**Registration:** By phone

**Fee:** \$10 parking fee

**Difficulty:** Moderate



**94. Roaring 20s Murder Mystery Dinner Party with Music**

**9/21 6:00PM**

Cunneen-Hackett Arts Center

9 Vassar Street, Poughkeepsie 12601

(845) 486-4571

cunneenexec@hotmail.com

This is the third Murder Mystery fundraiser dinner for the Cunneen-Hackett Arts Center, a 501(c)3 nonprofit arts organization dedicated to meeting the cultural needs of the community. Guests will be asked to help solve

a murder mystery while dining and drinking in the historic Grand Parlor at the former Home for Aged Men built in 1881. The dinner helps raise funds for the continuing mission of maintaining and preserving the two landmark buildings which comprise the Arts Center.

**Registration:** Call by 9/20 or visit

cunneen-hackett.org

**Fee:** \$90

**Not suitable for children under:** 10

**Additional equipment:** Dress in period costume for a chance to win prizes.

**Metro North station:** Poughkeepsie



**95. Bear Mountain Loop via Major Welch Trail and Appalachian Trail**

**9/22 10:00AM**

Bear Mountain State Park

Appalachian Trail and Suffern-Bear

Mountain Trail Junction near Hessian Lake,

Bear Mountain 10911

(845) 786-2701 x293

chris.osullivan@parks.ny.gov

We'll meet at the junction of the Appalachian Trail and the Suffern-Bear Mountain Trail near the southern end of Hessian Lake. On this journey, we'll enjoy the panoramic views of the Hudson River. There will be an opportunity for you to explore Perkins Memorial Tower and much more.

**Notes:** Steep ascents and descents, uneven rocky surfaces, rock scrambling.

**Registration:** By phone

**Fee:** \$10 parking fee

**Difficulty:** Difficult

**Length:** 4 miles

**Duration:** 3.5 hours

**Not suitable for children under:** 12

**Additional equipment:** Bring plenty of drinking water and lunch.



What You See and What You Don't See, Staatsburgh State Historic Site



“Great way to spend an afternoon. Guides were excellent—very informative and knowledgeable.”  
— M.S.

**96. 2019 Wilderstein Outdoor Sculpture Biennial Exhibition**

**9/22 1:00PM**  
**Wilderstein Historic Site**  
330 Morton Road, Rhinebeck 12572  
(845) 876-4818  
francpalaia1@gmail.com  
This is a curator-led guided walking tour, which includes 25 contemporary sculptural works selected from a variety of established and nationally known artists from five northeastern states. The sculptures are displayed throughout the Calvert Vaux landscaped grounds of the historic Wilderstein estate with breathtaking views of the Hudson River.  
**Registration:** Call or visit wilderstein.org.



**97. Walking Tour of the Vassar Farm and Ecological Preserve**

**9/22 1:00PM**  
**The Environmental Cooperative at the Vassar Barns; Vassar Farm and Ecological Preserve**  
50 Vassar Farm Lane, Poughkeepsie 12604  
(845) 437-7422  
jerubbo@vassar.edu  
Please join the Environmental Cooperative and the Vassar Farm and Ecological Preserve for a walking tour along trails on the preserve. This tour will feature The Ellen Swallows

Richard Historical Trail, The Drumlin Trail, The Phenology Trail, or the Beaver Trail, depending on weather and trail conditions. Learn about research and land management currently happening on the preserve, including controlling invasives and the effects of white-tailed deer on our forests.

**Notes:** We will be walking on trails on the preserve. There are a few steep ascents and some rocky terrain, some trails might be muddy. Rain or shine.

**Registration:** Call or email by 9/20

**Difficulty:** Moderate

**Length:** 2 miles

**Duration:** 2 hours

**Not suitable for children under:** 6

**Additional equipment:** Bring sunscreen, hats, sunglasses, bug spray, and water if needed.



**98. Ramble Through Hurley's Historic Burial Grounds**

**9/22 2:00PM**  
**Hurley Burial Ground**  
52 Main Street, Hurley 12443  
(845) 336-5267  
info@hurleyheritagesociety.org  
Tour historic Hurley's old burial ground, located in this National Historic Landmark village founded in 1662. Hear the tales of Hurley's earliest residents who lived and died many years ago, and some say, never really left. Hear the legends of haunted happenings, and become acquainted with those bygone

times through the lives represented here by their final memorials.

**Notes:** Uneven terrain for walking. Event is held rain or shine.

**Fee:** \$5 adult, Free for children 12 and under

**Difficulty:** Easy

**Length:** .5 miles

**Duration:** 1.5 hours

**Additional equipment:** Wear appropriate footwear and dress for weather. Event is rain or shine.

**Additional activities:** The Hurley Heritage Society 2019 exhibit: "Winslow Homer's Hurley: An Artist's View." Explore how Hurley inspired one of the great American artists of the 19th century. Admission to the exhibit is free Museum open 1-4pm. Tour of Burial Grounds begins from the Museum Grounds.



**99. Historic Kingston Rondout Volkswalk for Everyone!**

**9/28 9:00AM**  
**Kingston Rondout Waterfront**  
Broadway and West Strand Street, Rondout District, Kingston 12401  
(845) 462-7539  
vcwpava@gmail.com  
The paved trails go through the historic Rondout section of Kingston with stately homes. The Rondout was the largest ship-ping facility on the Hudson River between New York City and Albany in the late 1800s. Today, shops, a major Hudson River marina,

the Hudson River Maritime Museum, and the Kingston Trolley Car museum are all located in the district. Children under 12 must be accompanied by an adult. A self-guided brochure and guide/map is available that will point out the various historical sites and natural scenic points along the way. Register 9-11am and finish by 2pm.

**Difficulty:** Moderate

**Length:** 3 or 6 miles

**Duration:** 1.5 to 3 hours

**Not suitable for children under:** 6

**Portion wheelchair accessible:** Mostly on city streets.



**100. John Burroughs Slabsides Geology Ramble**

**9/28 9:00AM**  
**John Burroughs Nature Sanctuary at Slabsides**  
Burroughs Drive, off Floyd Ackert Road, West Park 12493  
(845) 384-6556  
info@johnburroughsassociation.org  
The rocks were one of naturalist John Burroughs's favorite aspects of the Slabsides location, but even he did not realize that the rocks represented sediments eroded from a Himalayan-scale mountain range nearly 400 million years ago. Since they were deposited in a shallow sea, the sediments were repeatedly caught in continental collisions which bent them and stood them literally on end. As if that wasn't enough, they were most recently scraped clean by a mile-thick sheet of glacial ice which melted a mere 14,000 years ago. Join Vassar College geology professor Jeff Walker for hike to read the many stories in the rocks of the John Burroughs Nature Sanctuary. The newly developed trails are part of the Hudson River Valley Greenway Trail System.

**Notes:** Tallus piles and some moderately rough terrain on new, well-developed trails, many with stone pathways and steps.

**Registration:** Email by 9/26

**Difficulty:** Moderate

**Length:** 1.5 miles

**Duration:** 2 hours

**Not suitable for children under:** 10

**Additional equipment:** Wear hiking boots or sturdy shoes, and bring water.

**Additional activities:** Tour John Burroughs's rustic cabin retreat "Slabsides," a National Historic Landmark and a Hudson River Valley National Heritage Site of Special Interest, where he wrote about nature. Cabin will be open until 4pm.



**101. Discovery Day at the Catskills Visitor Center**

**9/28 10:00AM**  
**Catskills Visitor Center**  
5096 State Route 28, Mount Tremper 12457  
(845) 688-3369  
smcginnis@catskillcenter.org  
Join us for a brand new event at the Catskill Interpretive Center celebrating the nature, history, and culture of the Catskills through kid-friendly educational programs, live performances including a featured show by



the **Y** YMCA

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
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# REUNITE!

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Steve "The Dirtmeister" Tomecek, interactive demos, hands-on activities, and outdoor exploration. Something for all ages!



**102. Hike at Fuller Mountain Preserve**

**9/28 10:00AM**  
**Fuller Mountain Preserve**  
70 Bowen Road, Warwick 10990  
(845) 534-3690 x18  
jeremy@oclt.org  
Join the Orange County Land Trust for a guided hike at Fuller Mountain Preserve. Enjoy spectacular views of the Warwick Valley, Sugar Loaf Mountain, and the Shawangunk Ridge at the scenic overlook.  
**Notes:** Some uneven rocky terrain.  
**Registration:** Email by 9/27  
**Difficulty:** Moderate  
**Length:** 1.7 miles  
**Duration:** 1.5 hours  
**Not suitable for children under:** 10



**103. In Their Own Words—The Battle for Fort Montgomery!**

**9/28 10:00AM**  
**Fort Montgomery State Historic Site**  
690 Route 9W, Fort Montgomery, NY 10922  
(845) 446-2134  
peter.cutul@parks.ny.gov  
Come for a unique, extended tour of one of the Hudson Valley's most dramatic battle sites! Drawing mainly on first hand accounts and archaeological data, this ramble will bring to life the Revolutionary War attack on Fort

Montgomery using the words of the soldiers who were there and what they left behind. Program will visit rarely visited spots of the battlefield and conclude with a musket firing demonstration.

**Notes:** Part of walk will be off trail. Small hill climb and rolling terrain.

**Registration:** Call or email by 9/27

**Difficulty:** Moderate

**Length:** 1 mile

**Duration:** 2 hours

**Not suitable for children under:** 12

**Additional equipment:** Welcome to bring lunch.



**104. Revolutionary War Encampment Weekend**

**9/28 10:00AM 9/29 12:00PM**  
**Brinckerhoff House Historic Site**  
68 N. Kensington Drive, Hopewell Junction 12533  
(845) 227-4136  
rjsoedler@gmail.com  
Living history demonstrations will show what life was like for soldiers, camp followers, and civilians during the American Revolution. Musket drills, cooking, baking, and Blacksmith demonstrations.

**Fee:** \$5 suggested donation

**Additional equipment:** Bring a lawn chair.







U.S. REPRESENTATIVE  
Sean Patrick Maloney

“Welcome to the 20th annual Hudson River Valley

Ramble! I invite everyone joining in on the festivities to explore the rich cultural history, stunning natural scenery, and warm hospitality in New York's premier National Heritage Area. I say it all the time: This really is the best place in the world. So if you're a life-long resident or just visiting, I hope you'll enjoy all the Hudson Valley has to offer.”

### 105. National Public Lands Day Volunteer Event

9/28 10:00AM

Sam's Point Area of Minnewaska State Park Preserve

400 Sam's Point Road, Cragmoor 12420  
(845) 647-7989

[laura.davis@parks.ny.gov](mailto:laura.davis@parks.ny.gov)

We will be working on pulling invasive plants from along the sides of our trails. Removal of these species is a very important step in protecting the globally rare ecosystem found here. All necessary training and tools will be provided. After the work day is over, please feel free to continue to celebrate National Public Lands Day by hiking our wonderful trails! All National Public Lands Day volunteers will receive a free day pass to participating federal public lands, including most National Parks. Ends at 3pm.

**Registration:** By phone

**Length:** 3 miles

**Additional equipment:** Bring enough water to last the day (at least two liters), snacks, and a lunch.



### 106. Newburgh Open Studios

9/28 9/29 12:00PM

5 Grand Street, Newburgh 12550  
(845) 561-5552

[michael@newburghartsupply.com](mailto:michael@newburghartsupply.com)

The Ninth Annual Newburgh Open Studios tour offers a unique opportunity to see the work and meet many of the artists in the City of Newburgh's burgeoning arts community. The studios are located in some amazing historic buildings, most of which are rarely open to the public. This is a self-guided tour, much of it walkable from Newburgh Art Supply. Maps will be available on both days starting at 10am at Newburgh Art Supply.

**Portion wheelchair accessible:** Some locations are up stairs.



### 107. National Alpaca Days at Lilymoore Farm

9/28 9/29 12:00PM

Lilymoore Alpaca Farm

21 Moore Road, Pleasant Valley 12569  
(845) 605-7002

[lilymoorefarm@gmail.com](mailto:lilymoorefarm@gmail.com)

Our big event that you wait all year for. Come to Lilymoore Farm, meet the alpacas, hear the live band, shop our vendor village, and have a ton of fun. Do the Chicken Dance with a chicken, watch the animals as they participate in our tutu parade. Wear a tutu and you can participate, too. Ends at 4pm.

**Duration:** 4 hours

**Portion wheelchair accessible:** There are some back fields which may be hard to access by wheelchair. Most of the farm is easily accessible.



### 108. Apple Cider Ramble

9/28 1:00PM, Rain Date 9/29 1:00PM

Peach Hill Park

32 Edgewood Drive, Poughkeepsie 12603  
(845) 485-3628

[tmeyering@townofpoughkeepsie-ny.gov](mailto:tmeyering@townofpoughkeepsie-ny.gov)

Participants will take a walking tour of our orchard park. Pick apples and help press them into apple cider at the end of the trip. We will also have a horse-drawn wagon ride, live music, sheep petting, and food available. Event ends at 4pm.

**Notes:** Your walk could include steep ascents/descent and muddy trails.

**Fee:** \$5 per person, \$10 per family

**Difficulty:** Moderate

**Length:** 1 mile

**Duration:** 1 hour



### 109. Mandeville House Tour

9/28 9/29 1:00PM

Mandeville House

122 Lower Station Road, Garrison 10524  
(845) 424-3626

[p2kath@aol.com](mailto:p2kath@aol.com)

Built in 1737, the oldest house in Garrison was constructed by Jacob Mandeville, a young man of Dutch origin. The house was a strategic point during the American Revolution and was headquarters for General Putnam and other notable commanders. Many revolutionary war heroes were quartered at the house—most notable being General George Washington. Be sure to see the old revolutionary era road in front of the house. Tours are given until 4pm.



### 110. Rondout National Historic District Walking Tour

9/28 1:00PM

Ulster County Heritage Area Visitors Center  
20 Broadway, Kingston 12401  
(845) 339-0720

[fohk@verizon.net](mailto:fohk@verizon.net)

Hear how Kingston's historic waterfront

district mushroomed from farmland into a prosperous maritime village and major Hudson River port during the heydays of the Delaware and Hudson Canal (1828-1898). View the legacy of residential, commercial, and ecclesiastical architecture built by the “melting pot” of nationalities that emigrated to Rondout in the 19th century.

**Notes:** Sidewalks with one gravel surface path. Some uphill walking.

**Fee:** \$10 adult, \$5 for children under 16

**Difficulty:** Moderate

**Length:** 1 mile

**Duration:** 1.5 hours

**Not suitable for children under:** 12

**Portion wheelchair accessible:** Gravel uphill path is not wheelchair accessible.



### 111. Kites Over The Hudson

9/28 2:00PM

Washington's Headquarters State Historic Site

84 Liberty Street, Newburgh 12550  
(845) 562-1195

[elyse.goldberg@parks.ny.gov](mailto:elyse.goldberg@parks.ny.gov)

All are invited to come and enjoy the outdoor fun at this annual event when color fills the sky overlooking the Hudson River. Free kites are given to the first 150 children 15 years of age and under. Free refreshments. Event, museum, and tours are free on this day compliments of Central Hudson and Friends of the State Historic Sites of the Hudson Highlands.

**Portion wheelchair accessible:** Park with various levels of accessible paths. Museum first floor accessible. Hasbrouck House accessible. No accessible restrooms.

**Additional activities:** Washington's Headquarters will be open from 11am until 5pm. Take a tour of the historic Hasbrouck House, and explore the museum, including the multi-award winning exhibit, “Unpacked & Rediscovered: Selections from the Washington's Headquarters' Collection.”



### 112. Garden Open House & Paint Out

9/29 12:00PM

Blithewood Garden, Levy Economics

Institute, Bard College  
75 Blithewood Avenue, Red Hook 12571  
(845) 758-7179

[blithewoodgarden@bard.edu](mailto:blithewoodgarden@bard.edu)

Come paint and draw with us. Watch a plein-air painter(s) in action. Garden tours at 2pm and 4pm. Learn more about the current garden rehabilitation project and Friends of Blithewood Garden. Meet the resident goats and enjoy light seasonal refreshments. The open house ends at 5pm.

**Fee:** \$10 adult. Free for children under 12.

**Portion wheelchair accessible:** Walled garden is not ADA, but garden viewing location is ADA.

**Additional equipment:** If you are coming to paint, painters should bring their own supplies. Coloring book and crayons available for children.



# UPPER HUDSON VALLEY EVENTS



Dibble's Quarry, Elka Park

## KEY TO RAMBLE EVENTS

- Hudson River Estuary
- Greenway Trail
- Great Estates
- Hudson River Artists Trail
- Revolutionary War Trail
- Family Friendly
- Walk/Hike
- Bicycle
- Paddle
- Wheelchair Accessible (for details, contact the trip leader)
- Public Transportation

Note: We make every effort to ensure accuracy of event listings. However, due to weather and other factors, information may change between the time of publication and the time of each event. We encourage all participants to verify dates and times with the listed Ramble leader for each event.

### 113. USS Slater Open for Tours

All Ramble Weekends 10:00AM

Broadway & Quay Street, Albany 12202  
(518) 431-1943

[info@uss Slater.org](mailto:info@uss Slater.org)

Tour the last World War II Destroyer Escort afloat in America. USS Slater is open for tours Wednesday through Sunday.

**Fee:** \$9 adult, \$8 senior, \$7 child ages 6-14

**Not suitable for children under:** 4

**Additional equipment:** Comfortable walking shoes and rain gear, as needed.



### 114. Behind-the-Scenes Restoration Tour of Historic Cherry Hill

All Ramble Saturdays 1:00PM

Historic Cherry Hill

523 1/2 S. Pearl Street, Albany 12202  
(518) 434-4791

[deborah@historiccherryhill.org](mailto:deborah@historiccherryhill.org)

Tour the five-generation home of the Van Rensselaer family. Learn about Cherry Hill's architecture and layers of history—see for yourself why such a major restoration was needed and what is being done to address structural issues, preserve the house, and restore the mansion to its historic charm. Tours are held at 1pm, 2pm, and 3pm.

**Fee:** \$5 adult, \$4 student and senior, \$2 child

**Portion wheelchair accessible:** Only the orientation gallery and historic south kitchen are accessible.



### 115. Guided Nature Walk

8/31 10:00AM

Schodack Island State Park

1 Schodack Island Way, Schodack  
Landing 12156

(518) 732-0187

[savannah.wilson@parks.ny.gov](mailto:savannah.wilson@parks.ny.gov)

Meet at the Main Comfort Station. Join a Park Naturalist for a leisurely walk on the parks

trails. Learn about invasive and exotic species, native, rare flora and fauna, and what makes Schodack Island unique to the area.

**Notes:** Schodack Island State Park trails are well groomed with only a 5-10 foot slow incline.

**Fee:** \$6 vehicle fee

**Difficulty:** Easy

**Length:** 1-3 miles

**Duration:** 1-2 hours

**Additional equipment:** Dress for the weather. Trail can be muddy so wear appropriate footwear.



### 116. Hudson River Estuary Sunset Paddle

8/31 5:30PM

Hudson Waterfront Park Kayak Launch  
20-22 Water Street, Hudson 12534  
(518) 392-5252

[heidi.bock@clctrust.org](mailto:heidi.bock@clctrust.org)

We will leave the Hudson Kayak Launch and paddle up to the North Bay, getting a riverfront view of the Greenport Conservation Area.

**Notes:** Depending on the weather, the water could be a bit rough. Some experience paddling on the Hudson River is recommended.

**Registration:** Register by 8/28 at [clctrust.org/events](http://clctrust.org/events)

**Difficulty:** Moderate

**Length:** 4 miles

**Duration:** 2 hours

**Not suitable for children under:** 6

**Additional equipment:** Participants must have a PFD, we have some to lend if needed. We also have some boats to lend, please be in touch if you'd like to borrow one.





**117. Historic Downtown Albany Food Tour****9/6 9/13 9/20** 12:45PMQuackenbush Square  
25 Quackenbush Square, Albany 12207  
(518) 495-2277

info@tasteoftroyfoodtours.com

Taste Albany's rapidly evolving culinary scene by exploring the food-print of this historic city on the west bank of the Hudson River! Put on your walking shoes for an entertaining and delicious way to experience New York's Capital City for 320+ years. Discover stunning architecture and cultural tidbits that will help you develop a fresh perspective on the capital. Six sips and tastes for a complete meal. Get an insider's introduction to one of the oldest churches in New York and discover where some of the famous congregants sat. **Registration:** Call or visit tasteoftroyfoodtours.com by Thursday at noon, the day before the tour **Fee:** \$65 adult, \$45 child 3-12 **Not suitable for children under:** 8 **Portion wheelchair accessible:** One of the stop's restrooms is on the second floor without an elevator.

**Additional equipment:** Be prepared for rain or shine.**118. Open Mic Night****9/6 9/13 9/20** 5:00PMSchodack Island State Park  
1 Schodack Island Way, Schodack  
Landing 12156  
(518) 732-0187

savannah.wilson@parks.ny.gov

Come down to the park for live music and fun! Enjoy the music, or get on stage to join in with the host band. Schodack Landing Fire Company will be here with their famous cook-out. Don't miss the good times! This event may be canceled for bad weather.

**Additional activities:** There will be children's crafts and activities held from 5-8pm!**119. 9th Annual Kayaking 4 Meso****9/7** 9:00AMHalfmoon Lighthouse Park  
589 Hudson River Road, Waterford 12188  
(518) 495-6099

markwells@kayaking4meso.org

This is a paddle to raise awareness and donations for Mesothelioma research. All proceeds are donated to the Mesothelioma Applied Research Foundation. Check in starts at 7am.

**Notes:** We paddle together in a group and are escorted by the NYS Police.**Registration:** Register by 8/17 at

kayaking4meso.org or email

**Fee:** \$35 before August 17th and \$50 after.**Difficulty:** Moderate**Length:** 8 miles**Duration:** 4 -5 hours**Not suitable for children under:** 10**Additional equipment:** Participants will need a kayak, paddle, and PFD. Kayak rentals available through Upstate Kayak Rentals.**Additional activities:** Festivities from 1:30-4pm at the Halfmoon Lighthouse Park. Food and refreshments will be available. Shuttle buses available in the morning.**120. Fall Flower Walk at Art Omi****9/7** 10:00AM

Art Omi

1405 County Route 22, Ghent 12075

(518) 392-4747

jpuglisi@artomi.org

Join ecologists Claudia and Conrad Vispo from the Hawthorne Valley Farmscape Ecology Program for a leisurely walk through Art Omi Sculpture & Architecture Park. You will get to see a variety of early fall wildflowers and their insect visitors, and learn their names and lore.

**Notes:** Terrain includes mowed and forest paths, gentle slopes, and possibly patches of mud. No rocky surfaces or climbing required.**Registration:** Call or email**Difficulty:** Easy**Length:** 1.5 miles**Duration:** 2 hours**Additional equipment:** Sturdy, comfortable footwear is recommended.**121. Discover the Hilltowns: Farms, Artisans and More Tour****9/7 9/8** 10:00AMBerne, Knox, Rensselaerville and Westerlo  
(518) 368-8055

hhapublicity@gmail.com

Experience the scenic Hilltowns of Albany County on this self-guided driving tour of farms, artisan studios, markets, historical museums, and other places of interest. Choose from dozens of destinations. Maps with details, schedules, wheelchair accessibility, and locations for gas and food are available free at all venues or can be downloaded from our website hilltowns.org. The 2019 map will be finalized in September.

**Portion wheelchair accessible:** Tour is by car. Each site's accessibility will vary; see printed guide or contact Helderberg Hilltowns **Additional equipment:** Comfortable shoes, boots recommended for farm tours. Dress for the weather.**Additional activities:** Family friendly tours, pasture walks, and demonstrations are available and some venues offer sales of their produce and wares. There is no charge for tours.**122. Hawk Migration Watch at Thacher Park****9/7** 10:00AM

Thacher State Park Overlook

(518) 872-0800

nancy.engel@parks.ny.gov

Thacher Park Overlook is a great place to watch for hawks flying south during their fall migration. Hawk Watch leader Will Aubrey will be on hand to answer questions, provide background material, compile statistics, and assist with hawk identification. Come see live raptors and learn about wildlife rehabilitation. Refreshments will be available at the Overlook concession stand.

**Additional activities:** On Sunday, September 8, raptor viewing and counting continues with Will Aubrey.**123. Taste of Troy Food Tours' Central Troy Historic District Food Tour****9/7 9/14 9/21** 10:00AM

275 River Street, Troy 12180

(518) 495-2277

info@tasteoftroyfoodtours.com

Put on your walking shoes for an entertaining and delicious way to learn about Troy and the role food is playing in bringing this architectural gem back. Taste of Troy Food Tours provides a unique opportunity to explore this beautiful downtown riverfront, while sampling foods and beverages from establishments that are helping to revitalize this historic city. Our walking tour allows you to experience the vibrant culinary scene that surrounds Troy's amazing year-round farmers market and ends in time for you to shop the market and meet the local farmers and vendors. Discover stunning architecture and cultural tidbits that will help you develop a fresh perspective on the easternmost city in New York's Capital District.

**Registration:** Call or visit tasteoftroyfoodtours.com by Thursday before each event**Fee:** \$55 adult, \$35 child 3-12**Not suitable for children under:** 8**Portion wheelchair accessible:** One of the stops works for regular wheelchairs, but not for electric wheelchairs.**Additional equipment:** This is a rain or shine event, so come prepared for all weather with comfortable walking shoes.**Additional activities:** After exploring Troy's downtown, there is time to shop in the year-round farmers market that brings local food to Troy's restaurants and you.**124. Discover the Pine Bush****9/7** 10:30AMAlbany Pine Bush Preserve Discovery Center  
195 New Karner Road, Suite 1, Albany 12205  
(518) 456-0655

gbarber@albanypinebush.org

An extraordinary journey into the Albany Pine Bush—a globally rare, nationally significant, and locally distinct inland pine barrens. Our experts will guide you along this hike over rolling sand dunes where you will discover Pine Bush natural history and seasonal surprises and transformations.

**Notes:** The trail passes over sand dunes with occasional tree roots.**Registration:** Call or visit

albanypinebush.org/events

**Difficulty:** Moderate**Length:** 0.9 mile**Duration:** 1.5 hours**125. Wild Tails****9/7** 11:00AMDiscover Albany Visitors Center  
25 Quackenbush Square, Albany 12207  
(518) 434-0405

kquandt@albany.org

The City of Albany is wild! Wild Tails of Albany Animals is a first-of-its-kind guided walking tour that leads your family on a safari through downtown Albany. Together with your guide, you will uncover many creatures in the form of carvings and statues hidden in plain sight. Your guide will regale you with



historic tails of Albany's long-time love of furry friends, including Owney the Railway Mail Dog and our beloved Nipper!

**Notes:** Urban sidewalks**Fee:** \$3 adults, Free for child**Difficulty:** Easy**Length:** 1 mile**Duration:** 1 hour**126. Albany History Race: Alexander Hamilton Edition!****9/7** 2:00PM

Albany Public Library, Washington

Avenue Branch

161 Washington Avenue, Albany 12208

(518) 427-4376

localhistory@albanypubliclibrary.org

Can't afford tickets to "Hamilton"? Join us for an Amazing Race-style afternoon scavenger hunt to discover Albany's connections to Alexander Hamilton, the Schuyler Family, Lafayette, and Aaron Burr! The event is free and no prior knowledge is needed. This year, Albany Public Library has partnered with Albany Institute of History and Art, which will serve as the finish line for this event. Finishing teams will receive pizza and Hamilton-themed prizes will be awarded.

**Registration:** tinyurl.com/y52cogdy by 9/6**Not suitable for children under:** 9**Additional equipment:** Each team must have a car and either a phone or digital camera to

take and store photos of their visits.

**127. Copake Iron Works National Heritage Area Site Tour****9/7 9/8 9/14 9/15 9/21 9/22** 2:00PMCopake Iron Works National Heritage Area  
Site in Taconic State Park

35 Valley View Road, Copake Falls 12517

(518) 966-2730

info@friendsoftsp.org

Join Friends of Taconic State Park for tours of the historic Copake Iron Works National Heritage Area Site featuring a visitor center, museum, and extensively interpreted Iron Works Heritage Trail. Established in 1845 along Bash Bish Brook at the base of the Taconic Ridge, the Copake Iron Works National Heritage Area Site and 18 acres surrounding the site are listed on the State and National Register of Historic Sites. In addition to guided tours of the museum and visitor center, the self-guided walking tour includes stops at up to 25 points of interest on the Copake Iron Works Heritage Trail. Tours are given rain or shine. Event ends at 4pm.

**128. Aromatic Olana: Fragrant Landscape Tour****9/7** 3:00PM

Olana State Historic Site

5720 State Route 9G, Hudson 12534

(518) 828-1872

mhasbrook@olana.org

Let your sense of smell be your guide. Take a

moment to slow down and tune into the natural world. Join artist Alexis Elton for a series of aromatic plants experienced during a participatory scent-walk specific to the landscape and history of Olana's artist-designed carriage roads.

**Fee:** \$15 adult, \$10 member, \$10 child**Difficulty:** Easy**Length:** 1 mile**129. Guided Public Canoe****Trip at RamsHorn-Livingston****Audubon Sanctuary****9/7** 9:30AM

RamsHorn-Livingston Audubon Sanctuary

84 Dubois Road, Catskill 12414

(845) 265-2601

cmacs@audubon.org

Join us at RamsHorn-Livingston Audubon Sanctuary to explore the natural beauty and diversity of this unique area.

**Registration:** Call or email**Fee:** \$25 adult, \$20 senior, student, or

Audubon members, \$15 child (age 7-13)

**Difficulty:** Moderate**Length:** 1 mile**Duration:** 2 hours**Not suitable for children under:** 7**Additional equipment:** Please bring water and sun protection. Boats provided.





Hudson River Skywalk Arts Festival, Catskill

### 130. Picturing Nature: A Practical Guide to Nature Photography

**9/8 1:00PM**  
Albany Pine Bush Preserve Discovery Center  
195 New Karner Road, Suite 1, Albany 12205  
(518) 456-0655

[gbarber@albanypinebush.org](mailto:gbarber@albanypinebush.org)

There is incredible beauty in nature, from magnificent birds, flowers, and landscapes to the tiniest insects. Suitable for all levels of photographers with a variety of equipment, this program covers the basic elements of nature photography including light, composition, and focus. We will discuss how these elements apply to close-ups, landscapes, and wildlife photography. Also included will be a discussion of simple editing and where to photograph nature upstate. There will be a two-hour workshop session followed by a one-hour hike around the Pine Bush so that we can practice our skills. If you have a camera, from a cellphone camera to a digital SLR, we encourage you to bring it!

**Notes:** The trail passes over sand dunes with occasional tree roots.

**Registration:** Call or visit [albanypinebush.org/events](http://albanypinebush.org/events)

**Fee:** \$10

**Difficulty:** Moderate

**Length:** 0.9 miles

**Duration:** 3 hours

**Not suitable for children under:** 10

**Additional equipment:** If you have a camera, from a cellphone camera to a digital SLR, we encourage you to bring it!



### 131. Barry Hopkins Run

**9/8 8:30AM**  
Olana State Historic Site  
5720 State Route 9G, Hudson 12534  
(518) 828-1872

[mhasbrook@olana.org](mailto:mhasbrook@olana.org)

Spend the morning traversing the historic carriage roads at Frederic Church's Olana. This event is a collaboration with the Ontario Running Club and supports arts education in the Catskill School District and at The Olana

Partnership. Rain or shine. Free t-shirt to the first 75 people who register.

**Fee:** \$20 adult, \$15 member. Children are free.

**Difficulty:** Moderate

**Length:** 3.8 miles



### 132. Art Trail Guided Catskill Creek Paddle

**9/8 9:30AM**  
Catskill Middle School Parking Area  
345 W Main Street, Catskill 12414  
(518) 943-7465

[olichens@thomascole.org](mailto:olichens@thomascole.org)

Visit the view that Thomas Cole painted more than any other. There are at least 12 known paintings of Catskill Creek by Thomas Cole made throughout his artistic career. Today they hang in museums and private collections around the world including at the Metropolitan Museum of Art. After a brief canoeing safety lesson and practice paddle, we will head up the Catskill Creek to Art Trail Site #3 near Atelier Restaurant.Bar. We will float and sketch in this area and enjoy the water.

**Notes:** **Difficulty:** A straight-forward paddle—no experience necessary.

**Registration:** Visit [thomascole.org/events](http://thomascole.org/events)

**Fee:** \$25

**Difficulty:** Moderate

**Not suitable for children under:** 10

**Additional equipment:** All gear provided by Catskill Mountain Wild. Bring lunch. Boats provided.

**Additional activities:** Included in the price is free admission to the Thomas Cole Site, a Hudson River School Art Trail Guide book, and other goodies! Paddlers will have the chance to swim if they desire.



### 133. Rensselaer Plateau Traverse

**9/14 9/15 8:00AM**  
Pineridge Cross Country Ski Area  
1463 Plank Road, Petersburg 12138  
(518) 712-9211

[dan@rensselaerplateau.org](mailto:dan@rensselaerplateau.org)

Join us for one or both days of our two-day Plateau Traverse Hike. We will meet at

Pineridge Cross Country Ski Area at 7:30am on Saturday and take shuttle buses to our starting point just below the plateau escarpment and will spend the day hiking back to Pineridge. Participants are welcome to pitch a tent and spend the night. We will have a potluck dinner after the Saturday hike. We will leave Pineridge by 8am on Sunday to hike to the other half of the Plateau. Shuttle buses will bring participants back to Pineridge at the end of the day. The route this year will include the Grafton Fire Tower.

**Notes:** A mix of trail conditions (flat, rocky, etc.), logging roads, and bushwhacking. Bushwhacking will be easy to moderate difficulty with a few short difficult areas.

Trails may be muddy or wet depending upon weather conditions prior to the event.

**Registration:** Call or email by 9/12

**Fee:** \$10 suggested donation

**Difficulty:** Difficult

**Length:** 32 miles

**Duration:** 9 hours

**Additional equipment:** Day pack, water bottles, sturdy footwear, and lunch.

**Additional activities:** We will pass views and historic sites. We will eat dinner together Saturday evening for those who are interested. We ask participants to bring something to share.



### 134. Troy's Walk With A Doc

**9/14 8:00AM**  
Troy Waterfront Farmers Market/  
Riverfront Park  
River and Fulton Streets, Troy 12180  
(518) 833-6479

[collarcityramble@gmail.com](mailto:collarcityramble@gmail.com)

The Walk With A Doc program is geared toward helping people improve their health by getting active. Proceed at your own pace while walking with local doctors from Capital Cardiology Associates and St. Peter's Health Partners Troy in a fun, free walking program. Together, physicians and walkers enjoy a wonderful walk through beautiful historic downtown Troy. Upon conclusion of the walk, nurses will be on hand to take blood pressure and physicians will be available for questions.

**Notes:** The route loops around Riverfront Park which has slight elevations.

**Registration:** Starts at 7:30am

**Difficulty:** Easy

**Duration:** 1.5 hours

**Additional activities:** This month's walk is offered as part of the Collar City Ramble.



### 135. Five Porch Farm: Where History & A River Run Through It

**9/14 9:00AM**  
883 W River Road, Gansevoort 12831  
(518) 893-1059

[danlundquist@gmail.com](mailto:danlundquist@gmail.com)

Five Porch Farm is located directly on the Hudson River in Northumberland, about half-way between Fort Edward and Schuylerville. It was the farm of a captain in the Colonial forces before the Battle of Saratoga and was occupied by Burgoyne's forces who used the river-accessible, flat acres as a hospital and commissary. The farm has been restored over

the centuries and provides a peaceful spot to appreciate history and enjoy beautiful natural surroundings.

**Portion wheelchair accessible:** The grounds are accessible but the house requires walking up a step.



### 136. Capital Region Apple and Wine Festival

**9/14 9/15 10:00AM**  
Altamont Fairgrounds  
129 Grand Street, Altamont 12009  
(518) 861-6515

[jimapp1@aol.com](mailto:jimapp1@aol.com)

Our 27th annual festival includes a craft fair, local foods, apple, ciders, baked goods, New York State wineries, family entertainment, and music. Saturday's festivities end at 6pm and Sunday's end at 5pm.

**Fee:** \$9 adult, children under 15 free.

**Additional activities:** Haunted house, bounce houses, and pony rides from 12-4pm.



### 137. Cornell Hill Fire Tower Tours

**9/14 9/15 9/28 9/29 10:00AM**  
Camp Saratoga  
80 Scout Road, Gansevoort 12831  
(518) 450-0321

[info@wiltonpreserve.org](mailto:info@wiltonpreserve.org)

Climb an authentic fire tower and view a replica fire observer's cabin without having to climb a mountain! Get a treetop view of Wilton Wildlife Preserve & Park. The schedule is subject to weather conditions and availability of Volunteer Fire Tower Interpreters. Children under 18 must be accompanied by an adult.

**Not suitable for children under:** 5



### 138. Hawk Migration Hike

**9/14 10:00AM**  
Greenport Conservation Area  
319 Joslen Blvd, Hudson 12534  
(518) 392-5252

[heidi.bock@clctrust.org](mailto:heidi.bock@clctrust.org)

Join us as we look for hawks migrating south for the fall. We will have a spotting scope available to get a better view.

**Registration:** Register at [clctrust.org/events](http://clctrust.org/events)

**Difficulty:** Easy

**Length:** 2 miles

**Duration:** 2 hours

**Additional equipment:** Binoculars



### 139. Albany Architecture

**9/14 11:00AM**  
Discover Albany Visitors Center  
25 Quackenbush Square, Albany 12207  
(518) 434-0405

[kquandt@albany.org](mailto:kquandt@albany.org)

The Architecture in Downtown Albany is like none other in the United States. This tour will reveal the rich history of the city through the creative works of the architects who built it. Learn what the Olde English Pub has to say about early Dutch America, uncover the

hidden faces at the SUNY Administration Building, and the drama surrounding the construction of the State Capitol.

**Notes:** Urban sidewalks

**Fee:** \$3

**Difficulty:** Easy

**Length:** 1.5 miles

**Duration:** 2 hours

**Not suitable for children under:** 8



### 140. Crailo Harvest Faire

**9/14 11:00AM, Rain date 9/15 11:00AM**  
Crailo State Historic Site  
9 1/2 Riverside Avenue, Rensselaer 12144  
(518) 463-8738

[sam.huntington@parks.ny.gov](mailto:sam.huntington@parks.ny.gov)

An old fashioned agricultural festival devoted to all aspects of harvest time in the colonial-era Hudson Valley. Harvest Faire offers 17th- and 18th-century music, Colonial Dutch re-en-actors, vendors, Native American and colonial demonstrations, games, and activities.

**Fee:** Museum fee only

**Portion wheelchair accessible:** Our grounds are largely accessible as is the first floor of the museum.



### 141. Monarch Butterfly Walk

**9/14 9/28 11:00AM**  
Camp Saratoga  
Gansevoort 12831  
(518) 450-0321

[info@wiltonpreserve.org](mailto:info@wiltonpreserve.org)

Join us for a nature walk to learn about the amazing lifecycle of the Monarch butterflies. The walk covers about a mile of gently rolling terrain. We will be looking for the butterflies during their peak season just before they start to migrate to Mexico for the winter. The Monarch butterflies love the preserve and park for its many nectar species and its open pine/oak savannah. The walk will not take place if there is rain.

**Difficulty:** Moderate

**Length:** 1 mile

**Duration:** 1 hour



### 142. Exploring the Canals of Cohoes

**9/14 1:00PM**  
Cohoes Visitor Center  
58 Remsen Street, Cohoes 12047  
(518) 237-5618

[cherniak@nycap.rr.com](mailto:cherniak@nycap.rr.com)

Cohoes began its rise to industrial prominence as a canal town. The Erie and Champlain Canals traversed Cohoes, and this network of waterways, along with abundant waterpower, made Cohoes a leader in the Industrial Revolution. On this tour, you will travel old canal towpaths where mules pulling barges once trod, see 170-year-old limestone locks built by hand, and learn the history of this 19th-century technological achievement. You will find out the different routes the canal took through Cohoes over time, hear stories of life in a lively canal town, and learn how

transportation and power canals led to the growth of the Harmony Mills and other industries in Cohoes.

**Difficulty:** Easy

**Duration:** 2 hours



### 143. Guided Hike to the Dickinson Hill Fire Tower

**9/14 1:00PM**  
Grafton Lakes State Park  
254 Grafton Lakes State Park Way,  
Grafton 12082  
(518) 279-1155 x2

[mary.downey@parks.ny.gov](mailto:mary.downey@parks.ny.gov)

Enjoy a hike to the historic Dickinson Hill fire tower with an environmental educator. On a clear day you can observe the Adirondack Mountains, the Green Mountains, and the Taconic Range from the top of the tower. Program meets at the welcome center before driving to the trailhead.

**Notes:** This is a moderate hike with some rocks and roots in the trail. There are several steep stories of stairs to climb if you wish to go to the top of the fire tower.

**Registration:** Call by 9/13

**Fee:** \$6 vehicle fee

**Difficulty:** Moderate

**Length:** 3 miles

**Duration:** 2 hours

**Not suitable for children under:** 8

**Additional equipment:** Water bottle, snacks, and close-toed shoes are recommended.



### 144. The Marshall House Open House - Visit the House and Cellar of Baroness Riedesel's Ordeal

**9/14 4:00PM**  
Marshall House  
136 Route 4 North, Schuylerville 12871  
(518) 695-3765

[info@themarshallhouse.org](mailto:info@themarshallhouse.org)

As the wife of a general fighting alongside the British during the Revolutionary War, Baroness Riedesel was a member of the enemy camp. But her chronicle of the ordeal she endured at The Marshall House during the terrible fighting that culminated in the loyalist army's surrender at Saratoga has fascinated historians for generations. Now The Marshall House, a private residence, will open its doors to the public. The cellar that provided refuge for the Baroness and her children, other women and children, and wounded British soldiers remains intact. Even bloodstains survive from that horrific week of October 1777. Philadelphia's newly opened Museum of the American Revolution devotes a special exhibit to the Baroness, labeling her a "heroine" of the war. The Marshall House is depicted as the scene of her heroic attempts to save lives and relieve suffering amid hellish conditions of cannon fire, cold, thirst, and hunger.

**Registration:** Call or email

**Fee:** \$10 suggested donation

**Portion wheelchair accessible:** Cellar is not wheelchair accessible.

**Additional activities:** Debbie Bailey will give her acclaimed performance of Baroness Riedesel.







Kayaking 4 Meso, Waterford

#### 145. Architects on Olana: Jane Stageberg and Tim Bade

**9/14 5:30PM**  
Olana State Historic Site  
5720 State Route 9G, Hudson 12534  
(518) 828-1872

[mhasbrook@olana.org](mailto:mhasbrook@olana.org)  
Experience Olana's Main House through the eyes of an architect. The Olana Partnership introduces a new series which invites contemporary architects to interpret Olana. Susan Wides, Director and Curator of Steven Holl's 'T' Space, Rhinebeck has curated the series to include some of the world's leading voices. For more information and tickets, visit [olana.org](http://olana.org).

**Fee:** \$20 adult, \$15 member, \$15 child



#### 146. Walking the Moral High Ground of Nineteenth Century Albany

**9/15 12:00PM**, Rain Date **9/22 12:00PM**  
Washington Park, Albany 12210  
(518) 210-2792

[aenfield@albany.edu](mailto:aenfield@albany.edu)  
Washington Park in Albany was born at the intersection of aesthetics and intense social control, as elites in the 1860s and '70s confronted their anxieties about public health, immigration, spreading tenements, and urban disorder. The park changed in the making, expressing a wealth of landscape ideas and changing norms of public behavior, all framed by an extraordinary wealth of 19th-century architecture. In this excursion around the park, John Pipkin will focus its early decades. Meet at the Soldiers and Sailors Monument near the intersection of Henry Johnson Boulevard and Washington Park Road.

**Registration:** Register at [bit.ly/moralhighground](http://bit.ly/moralhighground)

**Fee:** \$5



#### 147. Troy Park(ing) Days

**9/20 9/21 6:00AM**  
Collar City Ramble Table at the Troy Waterfront Farmers Market  
Second Street at Broadway, Troy 12180  
(518) 274-3050

[collarcityramble@gmail.com](mailto:collarcityramble@gmail.com)  
Visit Troy's many PARK(ing) DAY parks, designed and installed by artists and sponsors throughout Troy's historic downtown. The parks are temporary, created by repurposing parking spaces for public enjoyment. Transport Troy is Partnering with the City of Troy, The Arts Center of the Capital Region, and the Troy Downtown Business Improvement District to offer parking spots for temporary installations.

**Difficulty:** Easy

**Length:** 1 mile

**Duration:** 1.5 hours



#### 148. Roe Jan Ramble Bike Tour

**9/21 8:00AM**  
305 Mountain View Road, Copake 12516  
(347) 952-5764

[roejanramble@gmail.com](mailto:roejanramble@gmail.com)

This popular annual cycling event is a must for both casual and experienced cyclists. A non-competitive ride through the picturesque country hills of the Roe Jan area towns of Copake, Hillsdale, and Ancram, along the Taconic Mountains bordering Massachusetts. Choose from five routes of 8, 10, 25, 35, and 50 miles (from easy to challenging) on lightly traveled country roads and portions of the Harlem Valley Rail Trail.

**Notes:** The Roe Jan Ramble Bike Tour consists of your choice of five scenic routes through the beautiful foothills of the Taconic and Berkshire mountains.

**Registration:** Email or visit [roejanramble.org](mailto:roejanramble.org)

**Difficulty:** Moderate

**Length:** 50 miles

**Duration:** 4 hours

**Not suitable for children under:** 6

**Additional equipment:** All bicyclists must wear a helmet.

**Additional activities:** Join us for our after-ride party with free music entertainment, and food and drink for purchase beginning at 12:30pm. Participants are also welcome to bring a picnic lunch, paddle ball, frisbee, etc., and spend the afternoon post-ride in the park with your fellow Ramblers!



#### 149. Tiffany Windows, Waterfalls and a 100 Mile View

**9/21 9:00AM**  
Oakwood Cemetery  
186 Oakwood Avenue, Troy 12182  
(518) 272-7520

[oakwood\\_cemetery@yahoo.com](mailto:oakwood_cemetery@yahoo.com)

Join Ned Pratt and Michael Barrett as they introduce you to the amazing beauty and history of Oakwood Cemetery. See the Earl Chapel's Tiffany windows, Uncle Sam's grave, and a 100-mile view, as well as ponds, waterfalls, striking gravesite markers, and more.

Meet at the Earl Chapel.

**Registration:** By phone

**Fee:** \$15



#### 150. Mingled Flower Garden Tour

**9/21 10:00AM**  
Olana State Historic Site  
5720 State Route 9G, Hudson 12534  
(518) 828-1872

[mhasbrook@olana.org](mailto:mhasbrook@olana.org)

Join Olana's Master Gardener, Mary Hughes, to walk through The Mingled Flower Garden. She will offer tips and tricks of caring for your own garden and reference historical information about Olana's Mingled Garden. She will share information regarding the species, issues of light, climate, and soil.

**Fee:** \$15 adult, \$10 member, \$10 child



#### 151. Museum Storytelling: Family Tours at Olana

**9/21 10:00AM**  
Olana State Historic Site  
5720 State Route 9G, Hudson 12534  
(518) 828-1872

[mhasbrook@olana.org](mailto:mhasbrook@olana.org)

Master storyteller Tom Lee tells a stunning Syrian folktale in the landscape and inside the Main House at Olana. Lee uses art, objects, history, and interactivity to help young people (and grown-ups!) fall in love with the Church's adventures. This is a program designed to introduce youth to the magic of a historic house museum.

**Fee:** \$10 adult, \$5 member, \$5 child



#### 152. Brilliant and Bristly Buckmoths for Ages 6 & Over

**9/21 11:00AM**  
Albany Pine Bush Preserve Discovery Center  
195 New Karner Road, Albany 12205  
(518) 456-0655

[gbarber@albanypinebush.org](mailto:gbarber@albanypinebush.org)

Join us for a hike to discover the amazing world of buckmoths. The inland barrens buckmoth is a large beautiful moth with bold black and white wings that flies for only a brief window of time during daylight in the early fall. A species of special concern in New York State, our local buckmoths depend on scrub oaks that thrive in this sandy, fire-dependent ecosystem. Children under 18 must be accompanied by an adult.

**Notes:** The trail passes over sand dunes with occasional tree roots.

**Registration:** Call or visit [albanypinebush.org/events](http://albanypinebush.org/events)

**Difficulty:** Moderate

**Length:** 0.9 miles

**Duration:** 1.5 hours

**Not suitable for children under:** 6



#### 153. Equinox Hike and Yoga

**9/21 11:00AM**  
Greenport Conservation Area  
519 Joslen Boulevard, Hudson 12534  
(518) 392-5252

[heidi.bock@clctrust.org](mailto:heidi.bock@clctrust.org)

Join us for a hike around the Greenport Conservation Area culminating in a session of yoga with SuperSoul Yoga, suitable for all levels.

**Registration:** Register at [clctrust.org/events/](http://clctrust.org/events/)

**Fee:** \$10-\$15 suggested donation

**Duration:** 1 hour

**Not suitable for children under:** 6

**Additional equipment:** Yoga mat



#### 154. Five Rivers Fall Festival

**9/21 12:00PM**  
Five Rivers Environmental Education Center  
56 Game Farm Road, Delmar 12054  
(518) 475-0295

[friendsfiveivers@outlook.com](mailto:friendsfiveivers@outlook.com)

This free, family festival is held at the Center's 450-acre nature center and wildlife preserve, with free on-site parking. A cooperative effort of the Friends of Five Rivers and the NYS Department of Environmental Conservation. The festival is known for its kid appeal. Return favorites include eco-crafts, live animals (with experienced animal rehabilitators), juggling, astronomy, games, and fly casting, "The Incredible Journey" of a water droplet, and the "Insect Safari" with trained naturalists. There are also naturalist-led family hikes at regular intervals, featuring geology, botany, and wildlife. Live music adds to the festival atmosphere. Hot dogs, cider, popcorn, and bake sale goodies available.



#### 155. Harvesting History Family Workshop: Just Like My Nan Made: Apple Mint Jelly Workshop

**9/21 1:00PM**  
Clermont State Historic Site—Clermont Cottage  
87 Clermont Avenue, Germantown 12526  
(518) 537-6622  
[jhemmerlein@friendsofclermont.org](mailto:jhemmerlein@friendsofclermont.org)

An apple a day keeps the doctor away, so come by Clermont Cottage to learn how to make jelly using the natural pectin found in apples! We will flavor our jelly with fresh mint from the garden for a delicious dye-free mint jelly. Each participant will go home with a jar of jelly. Children must be accompanied by an adult.

**Registration:** Call or email by 9/20

**Fee:** \$10 adult, free for children 12 and under

**Not suitable for children under:** 8



#### 156. Audible Topography: Olana As Music

**9/21 3:00PM**  
Olana State Historic Site  
5720 State Route 9G, Hudson 12534  
(518) 828-1872

[mhasbrook@olana.org](mailto:mhasbrook@olana.org)

Composer Bob Lukomski explores the sounds of Olana and its surrounding environment using technology to create a musical conversation in response to Frederic Church's historic landscape.

**Fee:** \$15 adult, \$10 member, \$10 child



#### 157. StoryHarvest

**9/21 3:00PM**  
Freedom Square  
35 Fifth Avenue at 101 Street, Troy 12180  
(518) 272-2390

[collarcityramble@gmail.com](mailto:collarcityramble@gmail.com)

StoryHarvest is a celebration of art and food from seed to table! Join us at the final event of our Spirit of the Suffragettes Summer Series and Community Resource Fair, for the ninth annual StoryHarvest celebration! The Sanctuary for Independent Media's annual outdoor fall festival cultivates community through art, free food, stories, and music. Musical performances by Toko Telo, from Madagascar and KATANI, from Albany are featured.

**Duration:** 3 hours

**Additional equipment:** Participants may bring blankets and lawn chairs.



#### 158. Fall Bird Hike

**9/22 7:30AM**  
Albany Pine Bush Preserve Discovery Center  
195 New Karner Rd, Suite 1, Albany 12205  
(518) 456-0655

[gbarber@albanypinebush.org](mailto:gbarber@albanypinebush.org)

They may not be singing anymore, but fall is a busy time of year for birds as our local feathered residents are moving out and some non-local birds are stopping through the Pine Bush on their southward migrations. Join us this morning for a birding walk through the preserve. We will take our time hiking through various habitats to search for birds of all shapes and sizes.

CONGRESSMAN  
Antonio Delgado



“Whether you’re visiting for the

first time or a fellow

Hudson Valley resident—welcome!

I'm glad to join in congratulating the

Hudson River Valley Ramble on 20

successful years of highlighting the

beauty, history, culture, and economic

opportunity in the Hudson Valley.

From beautiful hiking trails in Ferncliff

Forest to visiting the home and muse-

um of President Franklin D. Roosevelt

and touring the Olana Historic Site in

Hudson, there are endless landmarks

and activities for families to explore in

the Hudson Valley. I look forward to

joining you all at this year's Ramble

to celebrate the natural beauty of the

Hudson River and surrounding areas.”

**Notes:** The trail passes over sand dunes with occasional tree roots.

**Registration:** Call or visit [albanypinebush.org/events](http://albanypinebush.org/events)

**Difficulty:** Moderate

**Length:** 2.6 miles

**Not suitable for children under:** 10

**Additional equipment:** Bring your binoculars or borrow a pair of ours!



#### 159. Yoga of the Earth

**9/22 9:00AM**  
Olana State Historic Site  
5720 State Route 9G, Hudson 12534  
(518) 828-1872

[mhasbrook@olana.org](mailto:mhasbrook@olana.org)

Join Stephanie Fischer for our monthly gentle morning yoga practice, in the beauty of Frederic Church's expansive Hudson River views. Yoga of the Earth's practice is inspired by the nature surrounding us and focuses on creating an atmosphere that encourages awareness and connection with the natural world. Open to all levels, including beginners. We will be practicing on blankets to enhance our connection to the earth.

**Additional equipment:** Some blankets may be provided, but please feel free to bring your own blanket and/or props if you wish. We do not recommend mats for this class.







Birds Take Flight, Albany Pine Bush Preserve

**160. The Underground Railroad Bicycle Tour**

**9/22 9:30AM**  
194 Livingston Avenue, Albany 12210  
(518) 225-4209  
hardworkinjohn@aol.com  
We begin and end at the Stephen and Harriet Meyers Residence in Albany, an outstanding artifact from the anti-slavery period and ride north along the Hudson River to Troy where the true story of Charles Nalle and how Harriet Tubman helped him escape the evil bounty hunters hot on his trail, will be explored. Paul Stewart, co-founder of the URHP, will accompany us on the tour and deliver commentary at selected sites along the way. Our return to Albany will be on the lovely and scenic Mohawk-Hudson Bike Path where refreshments are available after the ride.  
**Notes:** The terrain is mostly flat. There is a short steep climb at the end of the ride.  
**Registration:** Call or email by 9/18  
**Fee:** \$25  
**Difficulty:** Moderate  
**Length:** 20 miles  
**Duration:** 4 hours  
**Not suitable for children under:** 18  
**Additional equipment:** Participants should be in good physical condition, able to ride a bicycle safely in moderate traffic, and be prepared to handle adverse road conditions. A bicycle helmet is required and must be worn while on the ride. It is strongly recommended that

participants bring extra water and snack, a patch kit, and air pump in case of a flat tire. Bring suitable clothing for riding in all weather.  
**Additional activities:** An optional house tour at the Stephen and Harriet Meyers Residence will be offered after the ride.



**161. Spots of Time: Writing and Thinking Walk**

**9/22 10:00AM**  
Olana State Historic Site  
5720 State Route 9G, Hudson 12534  
(518) 828-1872  
mhasbrook@olana.org  
Frederic Church designed carriage roads to maximize views of the Hudson River and Catskill Mountains. The organizing aesthetic for these vistas was a romantic ideal of the sublime and the “language of nature.” Contemplation of these views was meant to provide inspiration and comfort—in poet William Wordsworth’s words, “spots of time...[where] our minds/ Are nourished and invisibly repaired.” This tour, led by poet Celia Bland and art historian Susan Merriam, faculty at Bard College, will put the gorgeous panoramas glimpsed from Olana’s carriage roads in dialogue with some of the unexpected perspectives of contemporary and Romantic poetry.  
**Registration:** Call or email  
**Fee:** \$15 adult, \$10 member or child  
**Difficulty:** Easy

**162. Hudson River Skywalk Arts Festival**

**9/22 12:00PM**  
Rip Van Winkle Bridge  
99 NY-23, Catskill 12414  
(518) 943-2360  
csteber@nysba.ny.gov  
Celebrate the art of the Hudson Valley and the Hudson River Skywalk, a new pedestrian path which connects the historic homes and studios of master artists Thomas Cole and Frederic Church. Come to the park next to the Rip Van Winkle Bridge’s toll plaza in Catskill to view and buy artwork, participate in hands-on art lessons, and hear live music by songwriter James Hearne, all in a beautiful setting overlooking the Hudson. Consider adding more art to your day by visiting the Thomas Cole National Historic Site and Olana State Historic Site. Motorists have to pass through Toll Lane 1 (full service lane) in order to enter the Bridge Authority parking lot. Learn more about the Hudson River Skywalk by visiting hudsonriverskywalk.org. Event goes from 12–4pm.  
**Portion wheelchair accessible:** Overall, the event is wheelchair accessible. Doors to the restrooms are heavy and need to be pushed open.

**163. Troy Public Library: An Italian Palazzo**  
**9/22 12:00PM**  
Troy Public Library  
100 Second Street, Troy 12180  
(518) 274-7071  
collarcityramble@gmail.com  
The Troy Public Library tour will be led by Suzanne Spellén, a renowned architectural

historian, who blogs as Spellén of Troy. The exterior, interior, and history of the building will be the focal points of the building tour. Designed to be both a library and art gallery, the American Renaissance style building was completed in 1897. View behind the scene areas that are not open to the public. Learn about the recently located documentation of the purchase of the priceless Aldus stained glass window from Tiffany. The beautiful setting provided by the building enhances the experience of library users.



**164. Sundays Along the River: The Whittler and the Weaver**

**9/22 2:00PM**  
Bronck Museum  
90 County Route 42, Coxsackie 12051  
(518) 731-6490  
operations@gchistory.org  
Remarks and demonstration by local Greene County whittler Dick Brooks plus a rare opportunity to visit the 1685 loft with its collection of early spinning and weaving equipment.  
**Fee:** \$8 adult, \$4 member or child



**165. Biking Around Troy**

**9/23 9:00AM**  
Collar City Ramble Table at the Troy Waterfront Farmers Market  
Second Street at Broadway, Troy 12180  
(518) 274-3050  
collarcityramble@gmail.com  
Take a guided bike ride through historic downtown Troy and other neighborhoods while exploring bike lanes and paths. The ride pace will be 10 to 12 mph.  
**Notes:** Expect some hills.  
**Difficulty:** Moderate  
**Length:** 12 miles  
**Duration:** 1.5 hours  
**Additional equipment:** Participants can either bring their own bike or rent a bike through the bike share program.  
**Additional activities:** The tour is offered as part of the Collar City Ramble.



**166. Collar City Ramble**

**9/23 9:00AM**  
Collar City Ramble Table at the Troy Waterfront Farmers Market  
Second Street and Broadway, Troy 12180  
(518) 274-3050  
collarcityramble@gmail.com  
Explore Troy’s urban trails by foot, bicycle, water, or whatever in this alternate transportation festival. Discover places you have never seen! The Collar City Ramble covers Troy in ways that anyone can find to enjoy. Celebrate the historical, the undeveloped, the waterways, and the recently uncovered located in our urban areas, with a tour group or independently with materials from the booth. Find information from how to share the roads

to how to engage in geocaching. The details of the Collar City Ramble’s guided tours are listed separately.

**Portion wheelchair accessible:** Access to the booth is wheelchair accessible. Access of tours varies.

**Additional equipment:** Required equipment depends on the activity.



**167. Parks & Trails: Pedal to Peebles on the Empire State Trail**

**9/23 10:00AM**  
Corning Preserve Boat Launch  
Colonie/Water Streets, Albany 12207  
(518) 434-1583  
dcarey@ptny.org  
Join Parks & Trails New York for a bike ride, three-quarters of which will be on a paved bike path, from Albany along the banks of the Hudson River up to Peebles Island State Park in Cohoes. At the park, we will be led on a short hike by members of the Friends of Peebles Island State Park and will be led on a tour of the park which is rich in history. Following lunch (not provided), we will return by bike to Albany.

**Notes:** Flat bike path, natural walking trail at Peebles Island

**Registration:** Visit Ramble website for URL or call by 9/25

**Difficulty:** Moderate

**Length:** 21 mile

**Duration:** 5 hours

**Not suitable for children under:** 8

**Additional equipment:** All participants will need to bring their own bicycle and will need to wear a helmet. Participants will need to bring their own lunch. In case of rain, please wear appropriate rain gear.

**Additional activities:** Miles completed on the ride will count for completing your miles on the Canalway Challenge! Sign up and track your miles at canalwaychallenge.org.



**168. Burden Iron Works Museum Tour**

**9/23 10:00AM**  
The Burden Iron Works Museum  
1 East Industrial Parkway, Troy 12180  
(518) 274-5267  
collarcityramble@gmail.com  
Located in the former office of one of the most important firms in the history of iron and steel, the Burden Iron Works Museum educates visitors not only about the history of iron working in South Troy, but also about the transformation of the region around the confluence of the Hudson and the Mohawk Rivers into the Silicon Valley of the 19th century. The museum documents the many contributions of the area to the world such as: the hull armor for the Monitor, the modern horseshoe (made at the rate of nearly a million a week), the hook-headed railroad spike (now used worldwide), the lion’s share of the bells cast in the New World, more than a million detachable collars and cuffs a day, the largest textile mill building in 19th-century America, the most powerful water wheel in

**CONGRESSMAN**  
Paul Tonko



**“** In its 20th year, the Hudson

River Valley Ramble remains one of my favorite ways to celebrate the truly special places, people, and stories found all across our historic Hudson Valley. The powerful sense of place and local history this event offers speaks to its cultural importance, while it lifts our local businesses and economies in the process. I look forward to sharing in the festivities with so many of my fellow New Yorkers for the Ramble’s 20th year!”

history (and in all likelihood the model for the world’s first Ferris wheel in 1893), and the first truly all-woman labor union.

**Additional activities:** At 12:15pm there will be a talk on industrial history of the Wynantskill. The tours are offered as part of the Collar City Ramble.



**169. Explore Troy’s Gateway to the Hudson River Water Trail**

**9/23 10:00AM**  
Ingalls Avenue Boat Launch  
Ingalls Avenue and Presidents Street, Troy 12180  
(518) 274-3050  
collarcityramble@gmail.com  
This intermediate Water Trail Paddle is in conjunction with the Adirondack Mountain Club. The paddle will proceed downstream to around the Congress Street Bridge along the Troy waterfront and return. This is recommended for paddlers who have had experience on the river.  
**Notes:** Weather and tide dependent.  
**Difficulty:** Moderate  
**Length:** 3 miles  
**Duration:** 2 hours  
**Additional equipment:** Kayaks will be available for rental or participants may bring their own.  
**Additional activities:** The tour is offered as part of the Collar City Ramble.





"It was absolutely amazing! We had a great time and learned a lot."  
— Marissa B.

**170. Dearborn's Light Infantry, 1777**  
**9/28 9/29 10:00AM**  
Saratoga National Historical Park (Saratoga Battlefield)  
648 Route 32, Stillwater 12170  
(518) 670-2985  
eric\_schnitzer@nps.gov  
A living history event showcasing the soldiers who served in the American Continental Army's elite Corps of Light Infantry commanded by Major Henry Dearborn during the 1777 Battles of Saratoga.



**171. A Mile on the Hudson**  
**9/28 10:30AM, 11:30AM, 12:30PM**  
Ingalls Avenue Boat Launch  
Ingalls Avenue and Presidents Street, Troy 12180  
(518) 274-3050  
collarcityramble@gmail.com  
For beginners, A Mile on the Hudson is offered with Upstate Kayaks. Three shorter guided outings on the Hudson are scheduled for those who want to try out kayaking with a volunteer guide. This route circumnavigates Adams Island, just north of Collar City Bridge and below Ingalls Avenue Launch.  
**Notes:** Weather and tide dependent.  
**Difficulty:** Easy  
**Length:** 1 mile  
**Duration:** .75 hours  
**Additional equipment:** Kayaks will be available for rental or participants may bring their own.



**172. Fall Festival**  
**9/28 11:00AM**  
Schodack Island State Park  
1 Schodack Island Way, Schodack Landing 12156  
(518) 732-0187  
savannah.wilson@parks.ny.gov  
Join us for a day of celebrating our community and the beginning of the autumn season. Fall Fest will feature vendors, exhibitors, arts and crafts, food, and refreshments, and so much more!  
**Fee:** \$6 vehicle fee



**173. Geocaching Introduction and Tour**  
**9/28 12:00PM**  
Collar City Ramble table on Second Street at Broadway at the Troy Farmers Market  
Second Street at Broadway, Troy 12180  
(518) 274-3050  
collarcityramble@gmail.com  
Geocaching is a real-world treasure hunting game in which the goal is to navigate to a set of GPS coordinates and seek out the geocache container hidden there. The Capital District is fortunate to have an active geocaching community and Troy is no exception! There will be an introduction to geocaching followed by a hunt led by an experienced geocacher for some nearby downtown Troy caches.  
**Additional equipment:** A GPS unit or GPS-enabled device, including most cellphones.



**174. Industrial History Along the Troy's Wynantskill**  
**9/28 12:15PM**  
The Burden Iron Works Museum  
1 East Industrial Parkway, Troy 12180  
(518) 274-3165  
collarcityramble@gmail.com  
Come learn about the local history and the changing landscape of South Troy shaped by the Wynantskill from colonial time mills to the Industrial Era Burden Iron Works. Michael Barrett of the Hudson Mohawk Industrial Gateway describes what led to the historical industrial development along this waterway.  
**Additional activities:** This talk may be attended as background for the following hike, Hiking Through History Along Troy's Wynantskill, or separately. The talk is offered as part of the Collar City Ramble.



**175. Hiking Through History Along Troy's Wynantskill**  
**9/28 1:00PM**  
Burden Pond Environmental Park: Wynantskill Trail  
Corner Route 4/Mill Street and Campbell Avenue, Troy 12180  
(518) 274-3050  
collarcityramble@gmail.com  
Come learn about the local history and the changing landscape of south Troy shaped by the Wynantskill from Colonial time mills to the Industrial Era Burden Iron Works. Hike through an urban nature preserve with a deep gorge, a water fall, and remnants of dams and infrastructure that supplied water power. We will stand in an area that had once been a mill pond. We will finish at a historic church and vantage point to see where the Burden Iron Works once stood and imagine what it all looked like in the past.  
**Notes:** Some short hill climbs and dirt paths.  
**Difficulty:** Moderate  
**Length:** 2.5 miles  
**Duration:** 2 hours  
**Additional activities:** Start at the former Burden Iron Works offices at 12:15pm to hear from local historians and examine pictures and maps of the changing landscape, setting the stage for the hike. The tour is offered as part of the Collar City Ramble.



**176. Historic Architecture in the 21st-Century**  
**9/28 1:15PM**  
Collar City Ramble Table at the Troy Waterfront Farmers Market  
Second Street at Broadway, Troy 12180  
(518) 274-3050  
collarcityramble@gmail.com  
This tour will highlight how architecture designed for the 19th-century can be reconfigured to accommodate 21st-century needs. Come hear the explanation by a Trojan historian of how this has been accomplished for a couple intriguing examples in downtown Troy.  
**Portion wheelchair accessible:** Upper stories are not accessible.  
**Additional activities:** The tour is offered as part of the Collar City Ramble.



**177. Casual Nature Hike Around Shaver Pond**  
**9/28 2:00PM, Rain Date 9/29 2:00PM**  
Grafton Lakes State Park  
254 Grafton Lakes State Park Way, Grafton 12082  
(518) 279-1155  
mary.downey@parks.ny.gov  
Enjoy a casual hike through Grafton Lakes State Park, with a hiking leader from the Friends of Grafton Lakes State Park. Meet at the Grafton Lakes State Park Welcome Center.  
**Notes:** Has some rocks and roots in the trail, as well as some small hills.  
**Fee:** \$6 vehicle fee  
**Difficulty:** Moderate  
**Length:** 2 miles  
**Duration:** 2 hours  
**Not suitable for children under:** 6  
**Additional equipment:** Portions may be muddy depending on weather. Closed toed, water-tight shoes are recommended.  
**Additional activities:** Join the Friends of Grafton Lakes State Park members' potluck to follow, 4-7pm.



**178. Exploring Eternity**  
**9/28 2:00PM**  
Albany Rural Cemetery  
Cemetery Avenue, Albany 12204  
(518) 210-2792  
aenfield@albany.edu  
Public demonstration of the Albany Rural Cemetery Explorer, a cell-phone-based technology, using Geographic Information Science (GIS). The program enables visitors to walk from grave to grave, linking sites to portraits, biographies, and burial records of the deceased, and currently covers 90 individuals, family plots, and monuments. The app has been developed by faculty and students of the University at Albany's Geography and Planning Department, with financial support from the Bender Family Foundation.  
**Registration:** bit.ly/ExpEternity  
**Not suitable for children under:** 1  
**Additional equipment:** Smartphone



**179. Soundwalk at Grafton Lakes State Park**  
**9/28 3:00PM, Rain Date 9/29 3:00PM**  
Grafton Lakes State Park, Welcome Center  
254 Grafton Lakes State Park Way, Grafton 12082  
(518) 279-1155  
mary.downey@parks.ny.gov  
Come join sound artist Andrea Williams on a soundwalk: a meditative walk that will focus on listening rather than just looking. When we start to prioritize listening over seeing, instead of rushing from point A to point B, we begin to sense more of what is directly around us. We even feel our other senses, such as touch and smell, engage more intensely, and it becomes easier to embody another being or a certain area. When we embody a certain area of the environment, we begin to understand

its needs more and we can then become better caretakers of our environment. Following the soundwalk is a Q&A session.  
**Notes:** Portions of the trail may be muddy depending on weather; closed toed, water-tight shoes are recommended along with bringing water to drink.  
**Fee:** \$6 vehicle fee  
**Difficulty:** Easy  
**Length:** >1 mile  
**Duration:** 1 hour  
**Additional activities:** You are also welcome to join the Friends of Grafton Lakes State Park members' potluck to follow, 4-7pm on 9/28.



**180. Hiking Frear Park Trails**  
**9/28 4:00PM**  
Frear Park Tennis Courts Parking Lot  
Frear Park Road, Troy 12180  
(518) 274-3050  
collarcityramble@gmail.com  
Discover Frear Park's hiking trails, enjoy natural scenery, and learn some history on this guided hike. We will hike along the old Troy water reservoirs, pass by a beaver dam and pond, and the waterfalls in the Piscawen Creek. Enjoy the view over the Hudson Valley on a clear day where you can clearly see downtown Albany and the Catskills from the top of the trails. Interesting native wildflowers can be found along the trails, and a stop will be made to enjoy the educational wildflower and butterfly gardens near the Frear Park pagoda and fountain.  
**Notes:** Easy to moderate as the trails are off road.  
**Difficulty:** Moderate  
**Length:** 2 miles  
**Duration:** 2 hours  
**Additional activities:** The tour is offered as part of the Collar City Ramble.



**181. Architects on Olana: Daniel Sachs and Kevin Lindores**  
**9/28 5:30PM**  
Olana State Historic Site  
5720 State Route 9G, Hudson 12534  
(518) 828-1872  
mhasbrook@olana.org  
Experience Olana's Main House through the eyes of an architect. The Olana Partnership introduces a new series which invites contemporary architects to interpret Olana. Susan Wides, Director and Curator of Steven Holl's 'T' Space, Rhinebeck has curated the series to include some of the world's leading voices.  
**Registration:** Call or email  
**Fee:** \$20 adult, \$15 member, \$15 child



**182. Papscanee Island Nature Preserve Walk**  
**9/29 9:00AM**  
Papscanee Island Nature Preserve  
Staats Island Road, Castleton 12033  
(518) 270-2888  
ashaughnessy@renesco.com  
Led by David Chinery from the Cornell Cooperative Extension, enjoy a walk though the Papscanee Island Nature Preserve and discover the various species of plants and animals that make the 156-acre preserve



Hawk Migration Watch, Thacher Park

and Hudson River shoreline their home. Cottonwood trees, buckthorn shrub, and bittersweet vine reflect the history of the land farmed by the Mohican Indians for thousands of years. The preserve also boasts a variety of habitats, including marsh, river bank, and floodplain. This riparian setting is a pristine example of nature reinventing itself. Over 30 acres of the preserve are still farmed today, giving the land the distinction of being under active agriculture (corn) longer than any other lands in the US.  
**Notes:** Trails are relatively flat with some uneven surface and slight ascents/descents, exposed tree roots and limbs.  
**Registration:** Call by 9/27  
**Difficulty:** Moderate  
**Length:** 1 mile  
**Duration:** 1 hour



**183. Hike/Explore Jiggs Highway at Cherry Plain State Park and CDWMA**  
**9/29 10:00AM**  
Cherry Plain State Park  
570 Miller Road, Petersburg 12138  
(518) 674-2747  
fran.egbert@gmail.com  
Hike/explore Jiggs Highway and immediate surroundings. Hike will be led by Lloyd Barnhart, a local woodsman who has spent many years hiking this area with his grandchildren. He always has lots of unique places to show us and stories of the history of this area. Hikers will meet at the parking area at the north end of Jiggs Highway.  
**Notes:** Most walking on woods road, some trail walking  
**Registration:** Call by 9/26  
**Difficulty:** Easy  
**Length:** 2 miles  
**Duration:** 2 hours



**184. Canines Crossing at the Park**  
**9/29 11:00AM**  
Hudson Crossing Park  
County Road 42, Schuylerville 12871  
(518) 350-7275  
kmorse@hudsoncrossingpark.org  
Join Hudson Crossing Park in celebrating the working dog and all things canine at Canines Crossing at the Park! A fun day out in the sun with local canine search and rescue groups, Guiding Eye service dogs, the Saratoga County K-9 unit, agility dogs, therapy dogs, animal story telling, and much more!



**185. Brilliant and Bristly Buckmoths for Ages 10 & Over**  
**9/29 1:00PM**  
Albany Pine Bush Preserve  
Discovery Center  
195 New Karner Road, Albany 12205  
(518) 456-0655  
gbarber@albanypinebush.org  
Join us for a hike to discover the amazing world of buckmoths. The inland barrens buckmoth is a large beautiful moth with bold black and white wings that flies for only a brief window of time during daylight in the early fall. A species of special concern in New York State, our local buckmoths depend on scrub oaks that thrive in this sandy, fire-dependent ecosystem. Reservations required for all attendees (regardless of age). Children under 18 must be accompanied by an adult.  
**Notes:** The trail passes over rolling sand dunes with occasional tree roots.  
**Registration:** By phone or at albanypinebush.org/events  
**Difficulty:** Moderate  
**Length:** 0.9 mile  
**Not suitable for children under:** 10





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5P Farm  
Adirondack Mountain Club, Mid-Hudson Chapter  
Albany Bicycle Coalition  
Albany Institute of History and Art  
Albany Pine Bush Preserve Commission  
Albany Rural Cemetery  
Altamont Orchards  
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Friends of Cherry Plain State Park  
Friends of Clermont  
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Friends of Grafton Lakes State Park  
Friends of Harmony Hall - Jacob Sloat House  
Friends of Historic Kingston  
Friends of Peach Hill  
Friends of Taconic State Park  
Geography and Planning Student Association (GPSA)  
Grafton Lakes State Park  
Greene County Historical Society  
Haverstraw Riverwide Arts  
Heart of the Hudson Valley Farmers Market  
Helderberg Hilltowns Association  
Hiking the Road to Ruins

Historic Bridges of the Hudson Valley  
Historic Cherry Hill  
Historic Huguenot Street  
Historical Society of Rockland County  
Historical Society of the Palisades Interstate Park Region  
Hudson Crossing Park  
Hudson Mohawk Industrial Gateway  
Hudson River Adventures  
Hudson River National Estuarine Research Reserve  
Hurds Family Farm  
Hurley Heritage Society  
I Paddle New York  
Jay Heritage Center  
John Burroughs Association  
John Jay Homestead State Historic Site  
Kingston Parks and Recreation  
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New Paltz Regional Chamber of Commerce  
New York State Office of Parks, Recreation and Historic Preservation  
New York-New Jersey Trail Conference  
Newburgh Art Supply  
NY-NJ Trail Conference  
NYS Department of Environmental Conservation  
NYS Department of Environmental Conservation Hudson River Estuary Program  
Office of the Orange County Historian  
The Olana Partnership  
Orange County Land Trust  
Palisades Parks Conservancy  
Parks & Trails New York  
Perry-Gething Foundation  
Philipse Manor Hall State Historic Site  
Phillies Bridge Farm Project  
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Rockland Audubon Society  
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Sam's Point Area, Minnewaska State Park  
Sanctuary for Independent Media  
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**Hudson River Valley Greenway Community Grant Program**  
*Funding for community and regional planning, economic development, natural and cultural resource protection, scenic resource protection, and open space protection*

**Hudson River Valley Greenway Conservancy Trails Grant Program**  
*Dedicated to funding recreational trail projects. Special consideration is given to projects that seek to implement the goals of the Greenway Trail Program. The 2019 application emphasizes connections to the Empire State Trail*

**Hudson River Valley National Heritage Area Heritage Development Grants**  
*Funding for programming, interpretation and marketing that support the mutual goals of the HRVNHA and applicants*

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*Transportation and admissions costs for school fieldtrips to heritage and environmental destinations in the Hudson River Valley*

[hudsongreenway.ny.gov/grants-funding](https://hudsongreenway.ny.gov/grants-funding)



**Hudson River Valley Greenway**





20th Annual  
Hudson River  
Valley

# Ramble

625 Broadway, 4th Floor  
Albany, NY 12207-2995

**(518) 473-3835**

**hudsonrivervalleyramble.com**



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